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# Chakras: The Ultimate Beginner's Guide To The 7 Spiritual Energy Centers





# Synopsis

Begin healing and balancing your chakras within 1 hour!Discover the Passion and Energy your Life deservesDo you want to live your life to its full potential? Do you wish for the energy and motivation that you need to fulfill your dreams? Do you wish there was a method that could unlock your gifts, creativity and abundance? Do you want to be more present to enjoy the wonders of life happening all around you? Do you feel like you deserve more from life but are not sure how you are going to get it?Through balancing and healing your chakras you will discover all these things and more. The seven chakras hold the blueprint for a life lived with passion, joy, energy and abundance and you could get started within the next hour!Within this book you fill find all the information you need to heal and balance the energy centers that can give you more of all the things you enjoy and love. Through sacred mantras you will be able to locate which areas of your life could use more juice and passion, and you will have the tools to do it with ease!15 Benefits of balancing and healing your Chakras: Increased passion, energy and joy for lifeA keener intuition to guide you towards the greatness you deserveInner peace and abundanceReaching material and professional goalsMore enjoyment of all things life has to offerA deeper understanding of lifeRealizing how unique and great you areOvercoming the past and having the future you truly wantFeeling the Power of NowHow to turn negative experiences into positive onesA hightened and sweetened awareness of realityHealing your body achesGreater self-confidenceBeing able to express yourself fluently and with easeHaving a life that is more than you ever dreamed of!Don't wait for happiness to drift your way - grip it now and invest in your own bright future! Take the first step and do so knowing you have made a great choice. You'll be happy you did!PS: When you purchase the paperback version you immediately receive the Kindle version for FREE!Â

### **Book Information**

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## **Customer Reviews**

If you are interested in learning more about spiritual energy centers, this is a great book. For me it became a beginner guide because i didn't know much about this topic. But it turned out that it so exciting. The book contains very detailed information on different chakras, symptoms of imbalances and healing techniques. Very informative, thanks to the author

This short read gave all the basic information on the chakras. It contained some healing mantras that is believed to improve the imbalances of energy in the body. I have read several books about this topic and found some surprises in that were detailed in this book. Overall it was an intresting read and will hopefully balance out my chakra energy.

A really well written explanatory guide to Chakras and the energy forces and balances. The book explains very simply the seven chakras and how we can use mantras today to change the way we lead and improve our lives. Highly recommended for anyone interested in learning more about their spiritual side and making wholesome change to their lives.

Impressive! I know of and have heard of chakras but i never really had it explained to me. This book explained it all in a clear and concise manner. It is easy to read and if you are a beginner like me, you will walk away with a good feel of what a chakra actually is. So much worth recommending!

A good book with information about how chakras effect various elements of your life. This includes chakras imbalances that lead to insecurity issues, the inability to enjoy pleasurable moments, plus other emotional and mood disorders. Book offers practical advice to alleviate these symptoms coming from a holistic / spiritual point of view. Worth getting if this is also a subject that interests you.

Excellent book on how to work on your chakra and how to balance them. I sincerely recommend this book to everyone that look for something short and simple on this subject.

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