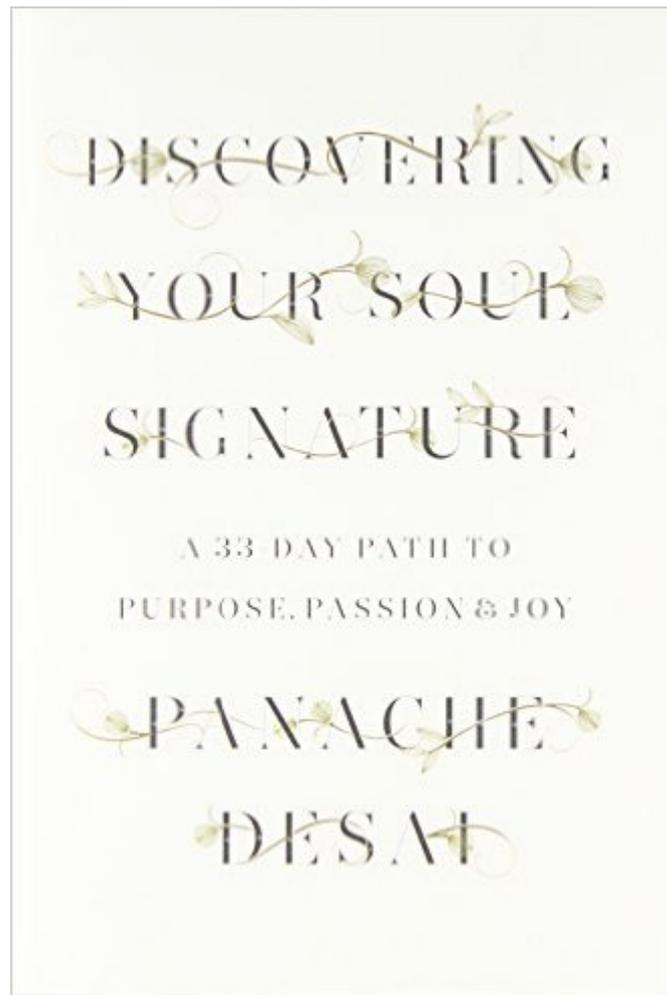


The book was found

Discovering Your Soul Signature: A 33-Day Path To Purpose, Passion & Joy



Synopsis

An invitation to change the energy that surrounds you, find the harmony that comes with self-acceptance, and, in the process, discover your life's purpose and the boundless possibilities that await you. "Your soul signature is your spiritual DNA—it is who you are at your core, the most authentic part of you, your singular contribution to this world. And yet we reject our authentic selves. We allow our soul signature to become blocked by any number of emotional obstacles that life throws in our path: anger, fear, guilt, shame, sadness, despair. Any or all of these feelings overtake us and create a density, a heaviness that doesn't permit us to embrace who we truly are, deep inside. We are energetic beings, Panache Desai reminds us, and emotions are energy in motion. When we are blocked we feel unworthy, less than, unloved, incomplete. In *Discovering Your Soul Signature*, Panache invites us on a 33-day path of meditations—short passages to be read at morning, noon, and night that are designed to dismantle the emotional burden that holds us back and open us up to changing our lives. Through this distilled, poetic, practical, and inspiring course, he invites us to live a life of authenticity, to rediscover purpose and passion, and to believe from our soul in the possibility of all things.

Book Information

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Customer Reviews

Some months back, as I was searching for articles on the latest breakthroughs in the science of Quantum Physics on vibrational energy I came across Panache Desai the author of this book. I began to read articles, listened to audios, and viewed videos on the website [...] and a myriad of

other websites were he was a guest. In my opinion, Panache has a very calming nature that exudes safety and comfort to take a risk, a chance to be ones own authentic self. This is not a book to read in an afternoon. It is broken up in small pieces to devour on a daily basis. In fact, it is divided in three parts each day. It takes less than 5 minutes in the morning, again around noon and lastly in the evening. It allows you the ability to take a deep look at each human emotion or state of being and to feel it either by memories of the past or at least recognize it within your experience(s) of the day. It is a process to uncover what may be in the way of living your true vibrational self. The science of Quantum Physics has proven many times how everything is vibrational energy including us. If you are willing to discover, to take a chance then I recommend you pick up this book and connect with the website [...]. The extra bonuses and reading other peoples views in the forum gives you (at least it does for me) an overwhelming knowing that you are not alone, which has a calming effect on its own and a determination to take action. Currently I am on day 5 & there is a lot more to this book to uncover. I have already gone back to previous chapters because I began with a blaze of speed, which is my past norm. In doing so I read portions so quickly that I did not allow it to resonate deep within me.

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