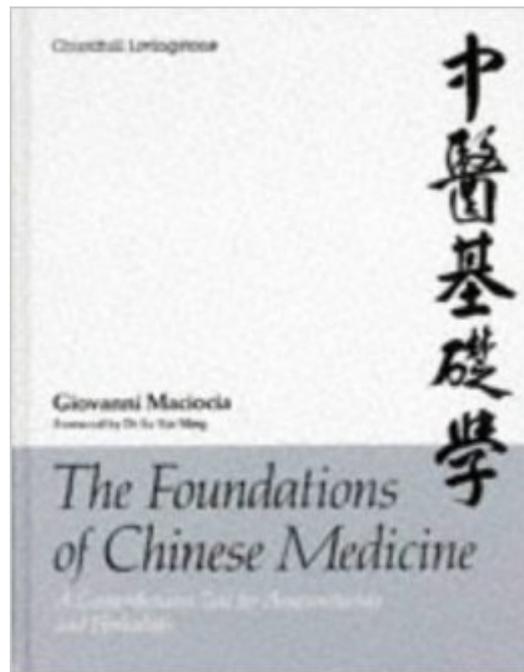


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# The Foundations Of Chinese Medicine: A Comprehensive Text For Acupuncturists And Herbalists



## Synopsis

This comprehensive and scholarly work presents an explanation of the theories of Chinese Medicine in relation to clinical practice, as well as information on creative adaptation of Chinese Medicine theory to Western clinical conditions. The author combines scholarship with a readable style and well-structured content that can be read through or used as an easy clinical reference. By including the clinical use of over 200 acupuncture points and discussing many previously neglected aspects of Chinese Medicine, this is the most-detailed and comprehensive textbook of Chinese Medicine available in English!

## Book Information

Hardcover: 528 pages

Publisher: Churchill Livingstone; Reprint edition (September 18, 1989)

Language: English

ISBN-10: 0443039801

ISBN-13: 978-0443039805

Product Dimensions: 1.2 x 7.8 x 10 inches

Shipping Weight: 3 pounds

Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (23 customer reviews)

Best Sellers Rank: #355,349 in Books (See Top 100 in Books) #133 in [Books > Health, Fitness & Dieting > Alternative Medicine > Chinese Medicine](#) #164 in [Books > Textbooks > Medicine & Health Sciences > Medicine > Special Topics > History](#) #332 in [Books > Textbooks > Medicine & Health Sciences > Alternative Medicine](#)

## Customer Reviews

For the Traditional Chinese Medicine (TCM) Students: Before writing a review I want to say that the Acupuncture Boards require this book as their main diagnostic book, but also; they require, "The Web that Has No Weaver," by Kapchuk and Chinese Acupuncture and Moxibustion (Rev. Ed.)(CAM) by Cheng Xinnong. I would also like to recommend - but not required - Foundations in Chinese Acupuncture (Rev. Ed.) by Ellis, Wiseman and Boss. This book is great for channel theory and has excellent detail throughout. For Everyone else: The above also applies to everyone else but mostly to TCM students. In review of Giovanni's book I must say that from a Western Medical science point of view it was easier to understand than "The Web" and I found that it presented the material in a logical systematic fashion with better and more complete explanations. It is better to start with this book, than with some of the others because once you have a good background with

this one, you can understand the different wording in the other books (CAM, Web, etc.). Overall written well and highly recommended. Five Stars!

Maciocia's work has been quite influential in the U.S. despite the fact that some of his information is from the classics, while other parts are his own creation. He does not always differentiate between the two, nor does he always cite his sources. For example, the idea that the outer back shu points are effective for the treatment of emotions... not from the Classic sources, according to Philippe Sionneau. So where did it come from? Who made it up? However, we still have to know everything in his books for the CA state board. His zang-fu herbalized-style point functions, 5 phase type, three jiao patterns, etc. are unique to this book. In its defense, it does have a lot of important basic info, and it's written by a native English speaker... but it's a vastly different look at Chinese Medicine from say *The Practical Dictionary of Chinese Medicine* by Nigel Wiseman. Good start for the new student... but neither the last word, nor infallible.

This is a great book to begin with if you are an acupuncture student. It is easy to understand, it explains WHY certain combinations of points is better than another. It is also very good in explaining the way of thinking in TCM.

Gives an adequate overview of the basic concepts in Chinese medicine, but is sorely lacking in many, many others. What it lacks, as does much of the information originating from Communist China, are the Taoist roots of the medicine which have a very tangible impact on its practice (especially the psychospiritual elements) - something that is sorely lacking from the modern TCM iteration of Chinese medicine. Its understanding of the production of Qi and Xue is incomplete, which limits its usefulness clinically as well. Much more information from the classics should be included in this text to warrant its name as a 'foundational' text.

This is truly one of the best textbooks I have ever seen that explains acupuncture and Chinese medical theory. Very comprehensive and informative. It begins by explaining foundational principles of Chinese medical thought such as: yin and yang, the five elements, vital substances, the transformation of Qi, the function of the different organ systems and patterns, and concludes with very descriptive information on the action and use for most points. This text is used at many acupuncture colleges around the nation. A MUST HAVE for all who have a sincere interest in Chinese medicine. Keep an eye open for Giovanni's next work "Diagnosis IN Chinese Medicine".

This is a wonderful book for anyone that takes their studies seriously. It is the text we use as our basis in our school. Save a ton of money buying many books on the subject and just get this one first

This is a must for all Asian Bodywork Therapists and Acupuncturists!! Maciocia makes TCM theory so simple and easy to understand and although the newest edition is great I love the first ed!

Must to have if you like Chinese Medicine or going to a Chinese doctor and you don't understand what he is talking about.

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