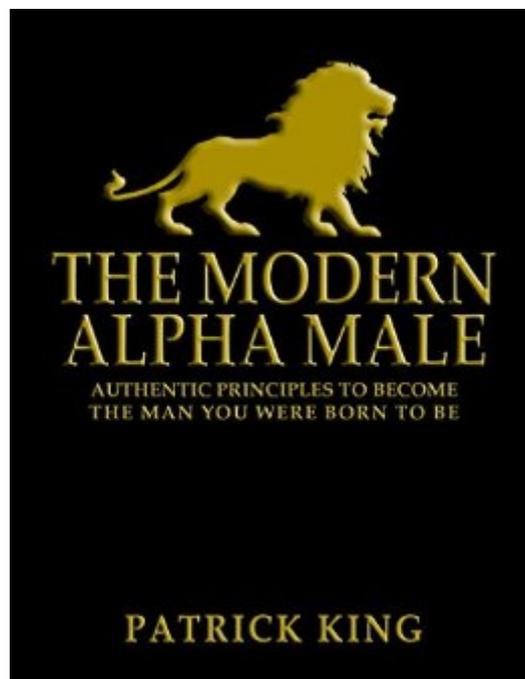


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# The Modern Alpha Male: Authentic Principles To Become The Man You Were Born To Be: Attract Women, Win Friends, Increase Confidence, Gain Charisma, Master Leadership, And Dominate Life - Dating Advice



## Synopsis

Are you stuck in the friendzone with women? | or stuck being a follower in your personal or professional life? Ever wondered how you can seize the lead and become a strong, confident ALPHA MALE? Has your masculinity been challenged, your strength questioned, or your inner resolve been put in doubt? Have you lost your mojo, swag, and need a manly pep talk?! You've found the right book. What the hell is an "ALPHA MALE," much less a MODERN one? I'll tell you what. An alpha male is strong, confident, self-assured and doesn't take bull from anyone. He's driven by inner confidence and the recognition that his potential is only bound by the limitations of his imagination. Women, friends, career? He's got it all figured out. Damn straight. Sound appealing? Sound TOUGH? Don't worry, The Modern Alpha Male doesn't need to imitate anyone else or conform to anyone else's expectations. He forges his own path with his own unique strengths and creates a truly authentic alpha version of himself... the version that only he can be. I'm not going to tell you be something you're not, or simply to "fake it 'til you make it" like any other book on the topic. You're more than that and you should embrace your own strengths! What's inside this book? • Where an alpha male's true confidence stems from and how to unlock it. • The secret to how an alpha male is never in the friendzone with women. • The surprising way that Will Smith can help you on your journey and development. • How leadership can come easily with a simple mindset shift. Also check out... • The 28 day alpha male kickstart plan - a plan for how to kickstart your new life and begin dominating. • How focus and discipline will defeat your fears time and time again. • Secrets to blazing your own trail and finding your own version of contentedness. The best part is that these traits and mindsets are eminently learnable, and as an experienced dating and social skills coach, I'll show you how to shine the light on your inner strength and resolve. You'll see how a commitment to embracing these principles will significantly affect you and more importantly, how people treat you. What will you gain? An upgraded dating life. More true friends. Confidence growth. Charisma as a second nature. Leadership skills and prowess. Most importantly, you'll love the person you are... because you will be the man you were born to be. What are you waiting for? Don't delay the first step to your new, upgraded, authentic, alpha life. Scroll up and click BUY NOW now! P.S. FINALLY seize control of your life!

## Book Information

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## Customer Reviews

Increasing self-confidence is always a good thing, especially in a leadership role. Through the tips and strategies outlined in this well-written guide you will learn to be the "new" alpha male. Forget the outdated, and often chauvinistic, thoughts and tendencies of the traditional alpha male. As the author states, "Becoming the modern alpha male is about calibrating a host of positive traits to your own personality and using them together to take your mindset and approach to life to new heights." This is exactly what you will learn in this book. I especially enjoyed the chapter on being self-reliant and independent. This is key to being self-confident and achieving success on your own terms.

I've been on a self-development kick lately and have been on a reading spree. I think this book has one of the best mindset-development approaches out there because he doesn't just tell you to be like Charlie Sheen or Ari Gold. Pat King tells you exactly what traits you need to be a complete alpha male, as well as how to integrate it into your own personality, which I found very different. There's a ton of action items here too, instead of just "Yes, you can be alpha too!" crap that I've read in other books I've downloaded.

Real advice on what it means to be alpha. It's a well rounded approach to personal development

and what it means to be a man - no cheese, no BS. At the end of the day it's not about using internet hacks or shortcuts to try and earn respect and admiration, it's about building a bulletproof mindset and unleashing the confident, level headed and successful dude inside of you.

This book was mediocre quality at best. It could have taken a talented writer about 2 hours to produce something of duplicate effectiveness. The reason I gave the book a two star review, was that, despite its average and predictable content, it did offer maybe 2 or 3 helpful takeaways. Nonetheless, the author included only broad generalizations about most of the advice he was giving, saying things like "start exercising" as just one of the many casual and vague points trying to be made. Part of the reason this book did not come close to my expectations was my own fault. I saw the cover, read alpha male, saw a lion and wanted the book. I wanted to learn what the author described as the "alpha male-lion" ideal man. However, this is not just "The Alpha Male", but "The MODERN Alpha Male". And, therefore, I was disappointed to find that the author took a very mainstream and modern approach in his work, one that thwarts the common and popular depictions of a heroic alpha male, practically stigmatizing them, while at the same time, applauding and encouraging a more passive, new age-ey, hipster of a male. Overall, it gave me the vibe of the "I don't want to possibly offend anyone with my writing, so I'm going to target everybody with my writing". It reminds me of when everyone gets a trophy in sports. Everyone's an alpha male! If everyone's an alpha male, no one is an alpha male.

Really Bad. Essentially a primer on the need for personal improvement. No actual method is given. The title is misleading. The author doesn't understand what an alpha male actually is nor does s/he provide a roadmap to become an alpha male. His/her writing is broad and vague, saying things like alpha males improve themselves! Alpha males respect women and never use them for sex. I think a woman actually wrote this book.

Good job Pat. I like to think of myself as a very alpha male, but I think I have realized that I have gone about it the wrong way. I do well for myself but now I can do better, and that begins with the inside.

This book really opened my eyes to what an Alpha Male really is. I've always strived to carry these traits but have been intimidated by many of them when really taking a self-inventory of myself. As it turns out, I'm closer to one than I thought! This book outlines the type of male that I want to be and

after reading this book I feel like I have more clarity on how to get there!

I downloaded a few of the alpha male books available on and this is the only one that I didn't return immediately. Kept it and really liked it. Really different from the other ones in that there is actual content here besides just telling you to be confident like an alpha male...

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