The PMS Puzzle: Letting God Put The Pieces In Their Place
Synopsis

Holli's story is honest, revealing and courageous! She describes in great detail what so many women go through. Most women, like Holli, think they're going crazy when symptoms erupt and they struggle to explain themselves to family and friends. Holli shares her journey of discovery in a well-organized and hopeful manner. She offers many insights from both a medical perspective and most importantly a spiritual perspective. She reveals how her faith in Christ, combined with the latest scientific research provided an answer to her battle with PMS and how each of us can find an answer that will work for us as well. Holli is a very inspiring woman.

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