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Mental Health: Personalities: Personality Disorders, Mental Disorders & Psychotic Disorders (Bipolar, Mood Disorders, Mental Illness, Mental Disorders, Narcissist, Histrionic, Borderline Personality)





Synopsis

At some point in your life you will probably start to think you are losing your mind, or that someone you know is in danger of losing theirs. The truth is that modern life is extremely stressful; there are many demands on your time and never enough hours in the day.â[^]...â[^]...â[^]... Upgraded 2nd Edition a^...a^...a^...However, being at the end of your tether, worn out and overwhelmed is not the same as having a mental disorder. In fact Mental health covers a wide range of illnesses including those which most people are aware of, such as schizophrenia (which is classed as a psychotic disorder). What you may not be aware of is the number of people who have personality disorders and the reasons for these disorders. Most people are not diagnosed until into their twenties and symptoms will naturally reduce in their forties or fifties. â⁺ Read it FREE on Kindle Unlimited - TODAY! â⁺Knowing the difference between the various mental illnesses is essential to ensure you know when a friend or loved one needs professional help as opposed to just your care and attention. This book will guide you through the differences between personality disorders, mental disorders and psychotic disorders. It will help you to understand the different elements of a personality and how you can test your friends to find out which personality type they are. It will even enlighten you as to the basic traits of each of the sixteen personality types, according to the Myers Briggs Personality test. Reading this book will enlighten you as to the names and details of the nine main personality disorders, how to recognize the symptoms of each of these disorders and the best way to treat them. It is important to use this book as a guide to understanding these illnesses and to learn the best way to help and support anyone you know who is suffering from a personality disorder. However, a diagnosis must always be confirmed by a medical professional who will ensure treatment is available. Many people who have a mental health issue will not recognise the issue in themselves: this book will ensure you understand each condition and can help your loved one to get the appropriate treatment. Everyone deserves the chance to have a happy, fulfilling and balanced life. Read this and help those around you have that chance!

Book Information

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Customer Reviews

Before reading these kinds of books do your own research on these mental illnesses. This book stated sociopath feel remorse. I would have to disagree with that. Almost every article online will state that psychopath and sociopath both lack empathy and that's what they both have in common. Sociopaths without the lack "empathy" trait would simply be a misguided individual that makes poor decisions. This is what makes psychopath, sociopath, and narcissistist dangerous. They all lack empathy and remorse regardless of what they do. Sociopaths doesn't have empathy for no one but themselves. They only care about their personal gain regardless of why they hurt. Narcissist, sociopath, and psychopath are simply cousins they all come from the same family they are very similar when it comes to exploiting others and having no remorse. The only difference you'll find is mainly how someone can become or develop those disorder, that's the difference I found.

I've always loved learning about the soul and psychology of man. These books I often read, because I am very interested in how occur some mental illness, but also how to be treated by them. This book is very well written. It is useful for those who are professionally engaged in the human psyche, but also for those who want to know more about the human and their behavior. The book, which is really worth reading because it is full of useful and interesting information. All recommendations!

Good book that explains the different personality types and the diseases underneath each personality. I love reading books like this because it makes you understand more about those who are suffering from the disease. Knowing more about what's happening to them helps me relate to them more and appropriately react and reach out to them. It's quite long but you can use this book as reference for the other diseases. All in all it's a great read.

I do not like books of this genre, but this struck me simply! Friends, really, very, very well set out. When treated properly, many people with schizophrenia are able to enjoy life and function within their families and communities. This book explored on the important aspects of mental health. Whatâ [™]s causing it, the factors that trigger, associated theories and available treatments. The information and tips provided are really necessary and helpful. Friends read, develop, and this book will help you. I advise! Thanks

A very useful book and also very important. This book make me to understand very well bout Metal Disorder and also directive on how to seek a professional help. Actually a friend of mine is suffering from mental disorder so i find this book very useful to her and also how to behave when am around her. This book tells the danger that come along if is not well taking care of. I recommend.

I really needed a book like this as a close family member is suffering from mental illness. This book really helped me out! I can now better understand my loved one and I can deal with her behavior. It's important for us to be patient and understanding toward people with mental illness. Many of the tips in this book have been helpful.

This book did an excellent job of explaining the differences and the similarities of these disorders. this book actually empowered me in my life to know who I need to be aware of, and how can I put boundaries in place with those people to keep myself safe. This book is an excellentlook into the minds of those with all types of personality disorders... powerful stuff.

This book enhance my understanding about mental illness and when to seek professional help. I am now more familiar with personality disorder and recognize the symptoms and ways to treat them. cause and diagnosis are very helpful content in this book. Nice and perfect book for my own opinion.

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