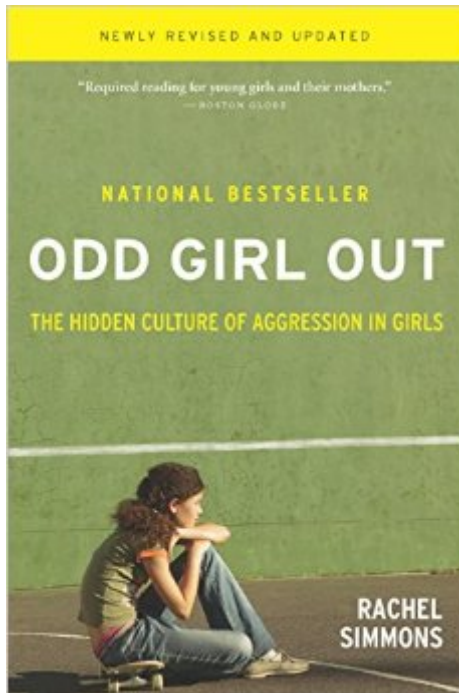


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# Odd Girl Out: The Hidden Culture Of Aggression In Girls



## Synopsis

REVISED AND UPDATED WITH NEW MATERIAL ON CYBERBULLYING AND HELPING GIRLS HANDLE THE DANGERS OF LIFE ONLINE

When *Odd Girl Out* was first published, it became an instant bestseller and ignited a long-overdue conversation about the hidden culture of female bullying. Today the dirty looks, taunting notes, and social exclusion that plague girls' friendships have gained new momentum in cyberspace. In this updated edition, educator and bullying expert Rachel Simmons gives girls, parents, and educators proven and innovative strategies for navigating social dynamics in person and online, as well as brand new classroom initiatives and step-by-step parental suggestions for dealing with conventional bullying. With up-to-the-minute research and real-life stories, *Odd Girl Out* continues to be the definitive resource on the most pressing social issues facing girls today.

## Book Information

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## Customer Reviews

I read the first edition of *Odd Girl Out* about five years ago when my oldest daughter was in grade 4/5 and there were some real problems regarding bullying and power struggles amongst the girls in

her year. While my daughter was not a direct target, nor a bully, it was a stressful time for her as two girls in particular aggressively manipulated the social hierarchy, girls switched alliances almost daily and the school seemed at a complete loss at how to deal with it. To help my daughter cope with the upheaval I read a number of books on the subject including *Reviving Ophelia: Saving the Selves of Adolescent Girls* and *Queen Bees and Wannabes: Helping Your Daughter Survive Cliques, Gossip, Boyfriends, and Other Realities of Adolescence*, both of which I also would recommend to parents and educators of girls. I chose to read this revised edition because my oldest daughter is now fifteen and as an avid (ie constant) user of Facebook, MSN and various online social communities. Additionally my youngest daughter is now eight and an awareness of online social communities is beginning to creep into her consciousness. As such I was particularly interested in Simmons inclusion of the dynamics of cyber-bullying and how I might be able to help my daughters navigate this social arena. The strength of *Odd Girl Out* is that it illustrates the experience of female bullying in a personal manner, with girls sharing their circumstances in their own words. I, like most women, recognised many of the methods girls use to control their social world.

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