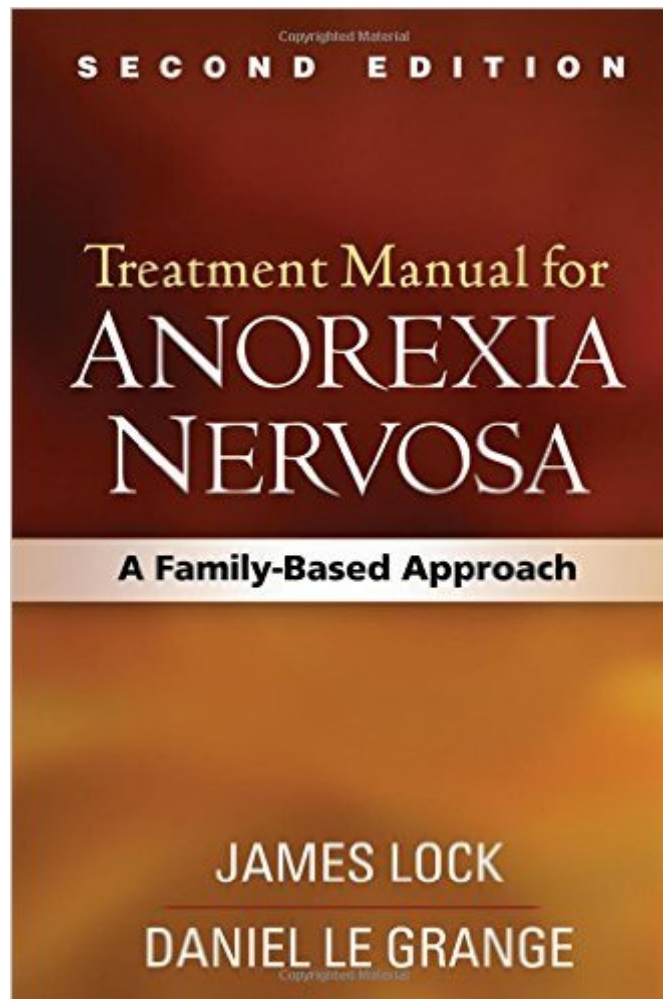


The book was found

# Treatment Manual For Anorexia Nervosa, Second Edition: A Family-Based Approach



## Synopsis

This indispensable manual presents the leading empirically supported treatment approach for adolescents with anorexia nervosa (AN). What sets family-based treatment apart is the central role played by parents and siblings throughout therapy. The book gives practitioners a clear framework for mobilizing parents to promote their child's weight restoration and healthy eating; improving parent-child relationships; and getting adolescent development back on track. Each phase of therapy is described in session-by-session detail. In-depth case illustrations show how to engage clients while flexibly implementing the validated treatment procedures. New to This Edition\*Reflects the latest knowledge on AN and its treatment, including additional research supporting the approach.\*Clarifies key concepts and techniques.\*Chapter on emerging directions in training and treatment dissemination.\*Many new clinical strategies.

## Book Information

Paperback: 289 pages

Publisher: The Guilford Press; 2 edition (June 22, 2015)

Language: English

ISBN-10: 1462523463

ISBN-13: 978-1462523467

Product Dimensions: 5.8 x 0.6 x 9.1 inches

Shipping Weight: 1.1 pounds (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars See all reviews (5 customer reviews)

Best Sellers Rank: #344,561 in Books (See Top 100 in Books) #139 in Books > Textbooks > Medicine & Health Sciences > Nursing > Clinical > Psychiatric #186 in Books > Health, Fitness & Dieting > Psychology & Counseling > Psychiatry > Child #190 in Books > Medical Books > Nursing > Psychiatry & Mental Health

## Customer Reviews

Although I am a well trained child psychiatrist and somehow an experienced clinician, I have no formal training in FBT for eating disorders. However, I am treating my first case of a young girl suffering from AN following the directives of this manual, with excellent results so far. I truly recommend this excellent book.

Relevant

Really like this book. Details how each session should go. Can't wait to see if it is a success with clients.

This book was purchased for my mum and she said it is amazing, has helped her a lot with everything

This is a useful book!

[Download to continue reading...](#)

Treatment Manual for Anorexia Nervosa, Second Edition: A Family-Based Approach  
Treatment Manual for Anorexia Nervosa: A Family-Based Approach  
Anorexia Nervosa and Related Eating Disorders in Childhood and Adolescence: 2nd Edition  
Fasting Girls: The History of Anorexia Nervosa  
Hope and Recovery: A Mother-Daughter Story About Anorexia Nervosa, Bulimia, and Manic Depression  
Hunger for Understanding: A Workbook for helping young people to understand and overcome anorexia nervosa  
Demystifying Anorexia Nervosa: An Optimistic Guide to Understanding and Healing (Developmental Perspectives in Psychiatry)  
Anorexia Nervosa and Recovery: A Hunger for Meaning (Haworth Women's Studies)  
Anorexia Nervosa (Eating Disorders Book 2)  
Treatment Plans and Interventions for Insomnia: A Case Formulation Approach (Treatment Plans and Interventions for Evidence-Based Psychot)  
Theory-Based Treatment Planning for Marriage and Family Therapists: Integrating Theory and Practice (Marital, Couple, & Family Counseling)  
Theory and Treatment Planning in Family Therapy: A Competency-Based Approach  
Handbook of Biblical Hebrew: An Inductive Approach Based on the Hebrew Text of Esther (An Inductive Approach Based on the Hebrew Text of Esther, 2 Vols. in 1)  
Home Based Business Escape Plan: How To Make \$10,000 Per Month With Your Own Part-Time, Online Lifestyle Business: Home Based Business Ideas (Home Based Business Opportunities)  
Hair: Hair Loss: Learn About Hair Loss Prevention Methods and Regrowth Treatment: Hair Loss Cure: Hair Loss (Men's Health, Hair Loss Treatment, Regrow ... Loss Treatment for Woman, Hair Loss Cure)  
The Comprehensive Hair Loss Guide: Hair Loss Treatment and Cure for Men and Women (Hair Loss Treatment for Women, Hair Loss Treatment for Men, Hair Loss ... Loss Remedies, Hair Loss Cure, Alopecia)  
Alzheimer's Disease: Dominate Alzheimer's Sickness With Nutrition Treatment, Brain-Healthy Lifestyle and Herbal Treatment (Alzheimer's Disease Complete ... Nutrition Treatment, Elder Care Handbook)  
Brain Cancer Treatment - How to Beat Brain Cancer And Get Your Life Back (Brain Cancer, Tumor, Brain Cancer Treatment, Natural Treatment)  
Evidence-Based CBT for Anxiety and Depression in Children and Adolescents: A Competencies Based Approach It

Pays to Win on Defense: A game-based soccer approach to developing highly effective defenders  
(Game-based Soccer Training) (Volume 2)

[Dmca](#)