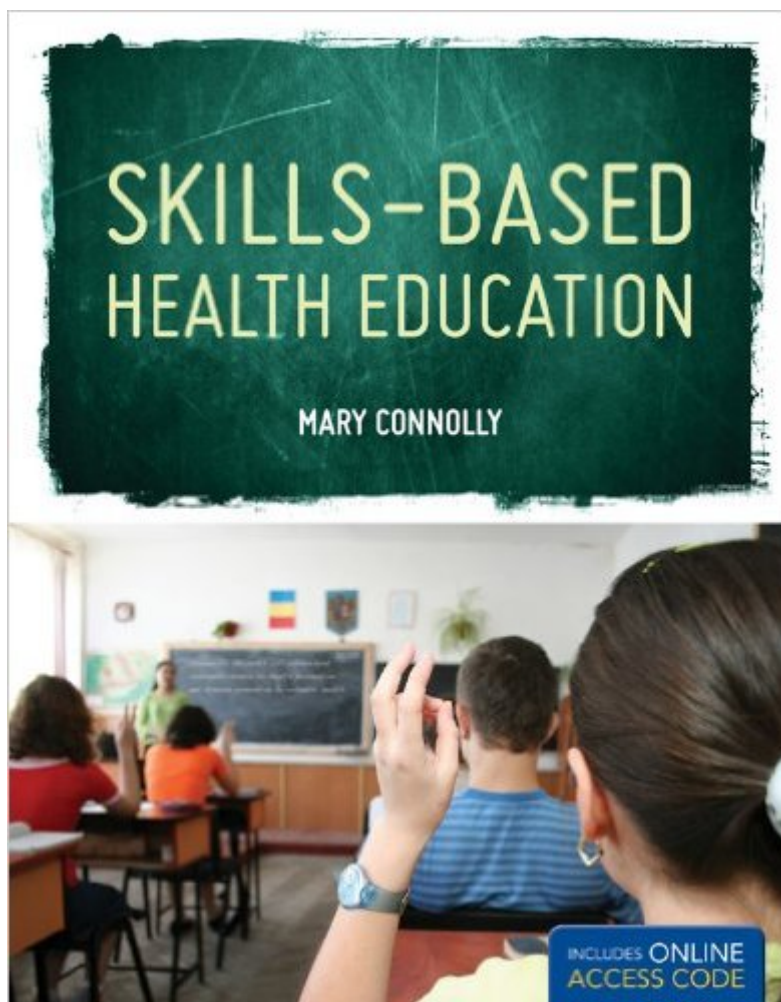


The book was found

# Skills Based Health Education



## Synopsis

Skills - Based Health Education provides pre-service and practicing teachers with the pedagogical foundation and tools to develop a comprehensive PreK-12 health education program using the National Health Education Standards. Rather than solely focusing on teaching content, an approach which can prove ineffective in developing healthy behaviors, readers learn to teach the content and skills their students need to be healthy and prepared for the 21st century. The book addresses each one of the national standards with specific directions regarding how to apply the standard, and performance indicators to plan and implement performance tasks that target instruction to a student need. Readers are shown how to establish student need, select content and skill performance indicators to meet the need, and plan and implement assessment and instruction. PowerPoint Presentations and a TestBank are available as free Instructor Downloads. Companion Website includes Flashcards, Glossary, and Web Links. An electronic supplement containing important teaching tools from the text including rubrics, worksheets, and appendices is available with every new text at no additional cost! Simply redeem the 10-digit code to access your ExpressPDF course materials.

## Book Information

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Average Customer Review: 3.0 out of 5 stars [See all reviews](#) (2 customer reviews)

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## Customer Reviews

This book has an easy to follow format. The book is thorough, and provides many great classroom examples. Best book for learning to apply National Health Education Standards and for creating a health curriculum.

This book has many typos and grammatical errors. I was required to buy this book for a class. I have found this book to be dry and difficult to follow. I would say it is one of the worst text books I have ever purchased. The class I am taking is online and relies heavily on this text. I would not recommend this text.

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