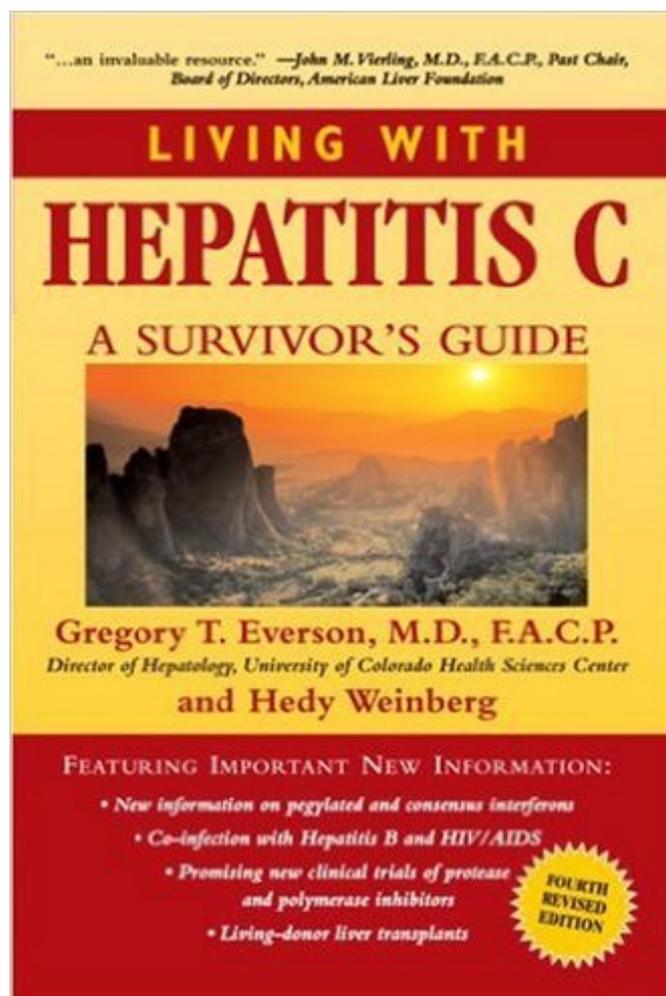


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# Living With Hepatitis C: A Survivor's Guide, Fourth Edition



## Synopsis

"An extremely useful title&#133;recommended."&#151;Library JournalLiving with Hepatitis C was the first book to explain in everyday language the causes of the disease, the major and minor symptoms, and all of the latest treatments, including pegylated interferons. Since its first publication, researchers have made dramatic strides in helping the millions of Americans who suffer from this deadly disease. Completely updated and revised, this latest edition includes the latest information on:&#149; new treatments including pegylated and consensus interferons&#149; living-donor liver transplants&#149; co-infections with Hepatitis B and HIV/AIDS&#149; promising new clinical trials of protease and polymerase inhibitors&#149; new maintenance therapies, an expanded and updated resource section, ways to avoid infection, and much moreWritten by a nationally renowned hepatitis C expert and an award-winning writer, Living with Hepatitis C, Fourth Edition, remains the classic guidebook for patients and their families learning to cope with and live with this devastating disease.

## Book Information

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## Customer Reviews

I used to work as a hepatitis C nurse, counseling patients and monitoring their treatment, so I looked at this book both as a resource for self-education of people living with hep C, and as a summary of the current state of medicine for nurses and allied professionals. I recommend it strongly on both counts. The writing is clear and engaging, uses patient testimonials nicely to get across the variety of experiences, and offers several levels of detail: most sections should be easy enough for any

high-school graduate, but there are more technical descriptions of research findings for readers who want to dig deeper. (Really the only problem I have with the presentation is that those levels are closely mingled throughout, so someone who just wants the big picture will have to skip sections pretty often; it might be better to move things like clinical trial data into an appendix, since the writers' paraphrases of the data are to my eye very clear and fair.) There's a good balance between discussion of antiviral treatment options and practical measures for improving health without the treatment. They're careful not to imply that we know more than we do, and this is a field with a lot of unknowns and some quickly-moving science - but I don't think the 2006 edition has anything that's out of date, except for clinical trials that were ongoing at that time, some of which have gone to the next phase or been stopped (there are several good sources online for the most recent developments, one of which is mentioned in the back of the book). Note, this is a book about the current consensus in (for lack of a better term) Western medicine; the authors acknowledge that they don't know much about Chinese medicine or other alternatives, and neither do I. One book I've read that does explore these in some depth is *The Hepatitis C Help Book*, which I don't think I would recommend unless you really know your TCM terminology.

I like this book so much that I've bought it twice and have lent it to friends who have learned of their diagnosis with this disease. Information is power and this book gives the power to learn how to live with this disease.

I have bought every book available on Hep C and this is definitely one of the best for those who continue to live with the disease.

Best book written on the subject! Even with advances it is a great starting point. Answers all questions even ones you do not want to ask. A valuable way to develop dialogue with doctors and loved ones.

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