Synopsis

...useful for those who wish to avoid complicating a patient’s current condition or treatment by prescribing botanics in combination with pharmaceuticals or who deal with patients who’ve self-administered inappropriate herbs.

Book Information

Paperback: 263 pages
Publisher: Eclectic Medical Pubns; 2nd Rev edition (December 1, 1998)
Language: English
ISBN-10: 1888483067
Product Dimensions: 0.8 x 5.5 x 8.8 inches
Shipping Weight: 0.8 ounces
Average Customer Review: 4.3 out of 5 stars See all reviews (19 customer reviews)
Best Sellers Rank: #1,588,763 in Books (See Top 100 in Books) #91 in Health, Fitness & Dieting > Alternative Medicine > Reference #2497 in Health, Fitness & Dieting > Alternative Medicine > Herbal Remedies #5097 in Medical Books > Medicine > Reference

Customer Reviews

Admitting a patient to homecare...I have a list of prescribed Rx's BUT THE PT ALSO TAKES SEVERAL (OR MORE!) herbals which can have a significant impact on the effectiveness of the prescribed meds. This book has already helped..now I have a clue as to why the Coumadin therapy either isn't working as it should or is acting too too powerfully. The Doc's I call are interested in the references as this is new ground for them as well. I keep it in my car to use when instructing pts about their medications.

This book vastly improves on the 1st edition, which had some questionable listings of various herbs, the basis of which are now explained. Overall this book covers a lot of herbs in rational categories and references everything. I have used it as a textbook in my drug-herb interactions courses and students have consistently found it a handy reference. Excellent work from a true botanical scholar. The only flaw is a tendency to extrapolate too much from in vitro work while occasionally failing to cite relevant human literature, and a tendency to ignore beneficial interactions in favor of citing negative ones (understandable but it gives a somewhat false impression).
This is a much-needed and very usable reference for the health professional and educated lay person alike. While natural substances are generally very safe, it's important for both physician and patient to be aware that there are potentially serious effects from using certain herbals along with prescription drugs. As a Doctor of Naturopathy, I refer to this book often.

It is a 5 star book for someone who understands a lot of technical/medicinal terms and information. 3 stars for a person looking for simple answers. Phil

Really not as good as I expected from some of the reviews posted. I take a lot of scripts (at least 4 different ones daily) and a lot of supplements (in the dozen range) too, but I did not find it easy to cross check in this book.I would not recommend it very highly...

I know that my review title may seem dramatic, but I have personal knowledge of supplements endangering a loved one's life.My sister-in-law's mother is extremely into natural supplements, BUT she would only read the gushing, wonderful benefits described by those who promote the supplements. She gave her 75 year-old husband a supplement, which in and of itself would be okay. BUT, the poor guy was on prescription medicine which adversely mixed with the simple supplement. He was admitted to hospital and was critical all due to the mix.SO, IF YOU VALUE YOUR LIFE, ENSURE THAT YOU VERIFY THAT YOUR NATURAL SUPPLEMENT ARE NOT CONTRAINDICATED PRESCRIPTION MEDICINES.This book is a LIFE-SAVER in that respect.

this book provides a good start for people becoming familiar with drug-herb interactions however there are other more extensive and better referenced books around now

I use this book as a reference in my Naturopathic Consulting Practice. It affords me the knowledge to keep people safe in the use of Herbs. Thanks!

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