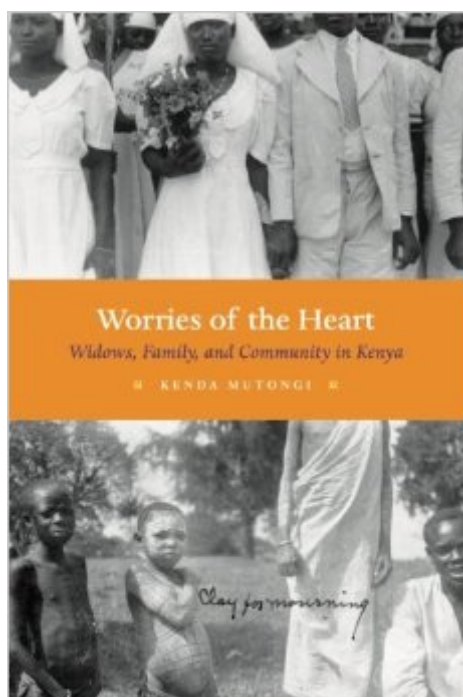


The book was found

# Worries Of The Heart: Widows, Family, And Community In Kenya



## Synopsis

Growing up in the Maragoli community in Kenya, Kenda Mutongi encountered a perplexing contradiction. While the young teachers at her village school railed against colonialism, many of her elders, including her widowed mother, praised their former British masters. In this moving book, Mutongi explores how both the challenges and contradictions of colonial rule and the frustrations and failures of independence shaped the lives of Maragoli widows and their complex relations with each other, their families, and the larger community. Throughout the twentieth century and into the twenty-first, rates of widowhood have been remarkably high in Kenya. Yet despite their numbers, widows and their families exist at the margins of society, and their lives act as a barometer for the harsh realities of rural Kenya. Mutongi here argues that widows survive by publicly airing their social, economic, and political problems, their worries of the heart. Initially aimed at the men in their community, and then their colonial rulers, this strategy changed after independence as widows increasingly invoked the language of citizenship to demand their rights from the new leaders of Kenya—leaders whose failure to meet the needs of ordinary citizens has led to deep disenchantment and altered Kenyans' view of their colonial past. An innovative blend of ethnography and historical research, *Worries of the Heart* is a poignant narrative rich with insights into postcolonial Africa.

## Book Information

Paperback: 240 pages

Publisher: University of Chicago Press (2007)

Language: English

ISBN-10: 0226554201

ISBN-13: 978-0226554204

Product Dimensions: 6 x 0.9 x 9 inches

Shipping Weight: 12.8 ounces (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #422,247 in Books (See Top 100 in Books) #38 in Books > History > Africa > Kenya #191 in Books > Textbooks > Humanities > History > Africa #313 in Books > Science & Math > Earth Sciences > Geography > Regional

[Download to continue reading...](#)

Worries of the Heart: Widows, Family, and Community in Kenya Black Widows: Episode 1 (Black Widows: Season 1) Black Widows: Episode 2 (Black Widows: Season 1) Heart Disease: Heart

Disease Prevention And Reversal Guide To Prevent Heart Disease And Reverse Heart Disease  
With Heart Disease Prevention Strategies And Heart Disease Diet Advice Mindfulness in Everyday  
Life: How to Stop Worries and Stress and Enjoy Peace and Happiness with Mindfulness and  
Meditation Freeing Your Child from Anxiety, Revised and Updated Edition: Practical Strategies to  
Overcome Fears, Worries, and Phobias and Be Prepared for Life--from Toddlers to Teens Ghostly  
Worries (A Harper Harlow Mystery Book 4) Heart Health: Heart Healthy Cookbook: 30 Quick &  
Easy, Heart Healthy Greek Recipes For Smart Heart Health (cooking, weight loss, weight  
maintenance) (cooking, ... weight maintenance, weight watchers Book 1) I'm Grieving as Fast as I  
Can: How Young Widows and Widowers Can Cope and Heal Unto the Least of These: Expressing  
God's Love to Widows and the Fatherless Caring for Widows: You and Your Church Can Make a  
Difference Caring for Widows: Ministering God's Grace Pursuing Lord Pascal (Dashing Widows  
Book 4) Community as Partner: Theory and Practice in Nursing (Anderson, Community as Partner)  
This Is Islam: From Muhammad and the community of believers to Islam in the global community  
(This World of Ours) Jong's Community Dental Health (Community Dental Health ( Jong's)) Public  
Health Nursing - Revised Reprint: Population-Centered Health Care in the Community, 8e (Public  
Health Nursing: Population-Centered Health Care in the Community) Foundations of Nursing in the  
Community: Community-Oriented Practice Birds of Kenya and Northern Tanzania Histories of the  
Hanged: The Dirty War in Kenya and the End of Empire

[Dmca](#)