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The 60 Day 6 Pack: The Ultimate Guide For Women Who Want Abs



Synopsis

If I could show you a guaranteed way to get a sexy, ripped body with 6 pack abs, while eating the foods you enjoy and training for just 5 hours per week, for a total cost of just \$3.99, would you be interested? You could spend 100`s of dollars on a gym membership or thousands of dollars on personal training, internet courses, or even 10,000`s of dollars on surgery. You don`t need any of that, The 60 Day 6 Pack: The Ultimate Guide For Women Who Wants ABS has all the information you will ever need. The author Calum Richards takes you on a journey using proven scientific techniques with the best body hacks around that your personal fitness trainer will never tell you. The book includes the following sections:-The 7 Rules of Fat Loss-Power Fruits That Will Shred That Fat and Improve Your Health at the Same Time-Awesome Foods You Can Eat As Much As You Like-Evil Foods That Every Diet Expert Tells You to Eat-Dangerous • Advice You Should Avoid-5 Things That Can Hinder You Weight Loss-The 6 Pack Exercise Routine And moreâ |The information in this book has tried, tested and proven information that can potentially add years on to your life and keep you healthy from cancer and heart diseaseâ |all while you get a 60 day 6 pack! You will save thousands and thousands of dollars on healthcare in the future AND get the body of your dreams. Get access to our 60 day 6 pack inner Circle where you will receive the best weekly tips exclusive to readers of this book. If you are not happy with this book or don`t see the results promised, you will get a 60 day guarantee FULL REFUND no questions asked. That`s how confident we are in this book.

Book Information

File Size: 914 KB

Print Length: 69 pages

Simultaneous Device Usage: Unlimited

Publication Date: September 14, 2014

Sold by:Â Digital Services LLC

Language: English

ASIN: B00NLPCL8K

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #1,000,821 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #181 in Kindle eBooks > Health, Fitness & Dieting > Exercise & Fitness > Ab Workouts #2717 in Kindle eBooks > Health, Fitness & Dieting > Personal Health > Women's Health #3651 in Kindle eBooks > Kindle Short Reads > Two hours or more (65-100 pages) > Health, Fitness & Dieting

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Ravished by the Pack Bundle (Moon Alley Pack) George Eliot Six Pack - Middlemarch, Daniel Deronda, Silas Marner, The Lifted Veil, The Mill on the Floss and Adam Bede (Illustrated with links to free ... all six books) (Six Pack Classics Book 8)

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