The book was found

# Essential Oils For Allergies: A Complete Practical Guide Of Natural Remedies And Ailments





## Synopsis

This book will help you learn all about overcoming allergies. Essential oils are becoming better known as an alternative treatment than mainstream medicine. With clinical studies currently underway in Europe, Australia, Japan, India, the United States, and Canada, many of these studies describe the remarkable healing properties of various oils. Here's What You'll Learn â ¢ Blending and storing essential oils â ¢ Safety precautions when using Essential Oilsâ ¢ Most effective essential oils for allergiesâ ¢ Remedies for common ailments that include: - Itchy Eyes - Eczema - Food Allergies - Hay Fever- Mold Allergies- Urticaria - Sinus Headache - Atopic Dermatitis Susan Scott, the author, survived a bleeding ulcer and was hospitalized for days after severe blood loss. She found the healing qualities of essential oils and discovered a whole new world. So Download your copy today! To order Essential Oils for Allergies, click the buy button and download your copy right now!

### **Book Information**

File Size: 4117 KB Print Length: 97 pages Publication Date: April 3, 2015 Sold by: Â Digital Services LLC Language: English ASIN: B00VO186AK Text-to-Speech: Enabled X-Rav: Not Enabled Word Wise: Enabled Lending: Not Enabled Enhanced Typesetting: Enabled Best Sellers Rank: #84,020 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #17 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diseases & Physical Ailments > Allergies #41 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Allergies #54 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Alternative Medicine > Aromatherapy

#### **Customer Reviews**

This book is fantastic. I used some of these pills for my allergies, skin issues, etc and they work amazing. I'm a long time sufferers of these maladies and these recipes helped me when over the counter and prescription medicine failed. So much safer too. I feel so much better after using them

for a while as well which is extra benefits of using these pills.a healthier, newer, happier me. Try it, give it time and you'll be glad you did. Thank you Susan.great book. Informative, useful and effective

Susan's Scott's book was really helpful. It is well written, sensible and error free, unlike some kindle books. The book gave understandable explanations of various allergic reactions, from hay fever, food allergies, cat and dog allergies to anaphylactic shock to name just a few. It also gave the essential oils to use for each allergy and the oil's therapeutic benefits. For allergy sufferers looking for alternatives to drugs and their side effects, I would highly recommend this book.

This is a really good book and I enjoyed learning about essential oils and how they can help with many allergy related conditions. Since itâ <sup>™</sup>s that time again where allergies can be a pain this book is a great relief. The book starts out with telling you about what essentials oils, the history, buying them are and how to store them. I never knew the origins of essential oils and itâ <sup>™</sup>s nice to know they been around since the beginning of civilization. I also appreciate the tips on buying the oils and what to look for like not to go for the lowest price but focus on quality. The second chapter of the book broke down different oils, the names, and the health benefits of them. A great example of essential oils the book mentioned was ginger; I learned that Ginger is a great antiseptic and great inflammatory. The book also talks about make allergy conditions in detail and what oils you should get for them. This book was informative but not lengthy or boring. I totally recommend this book for anyone interested in learning about essential oils.

After reading this book, I now have a better understanding of aromatherapy and it's benefits. Not only does this book give you the information you need to effectively treat allergy symptoms, it also explains the many other uses. I never realized why certain smells invoked certain feelings before reading this book. There are even tips on some essential oil combinations and how to correctly dilute them. I would definitely recommend this book to anyone who is looking for an alternative to filling their bodies with chemicals and additives found in prescription or OTC medications and would like to try a more natural remedy. The author also shows how aromatherapy can be used in compliment to medication, and even warns of possible interactions and scenarios when certain oils should not be used.

This book has really given me some help with my allergies without taking any prescriptions pills or

other over the counter brand. The oils really help you out and I would recommend this book to anyone who needs help with their allergies. This is a great alternative.

A very short book, and the author does not state her qualifications. I was hoping to see some references that support her therapeutic suggestions. Seemed a bit like a marketing exercise. A bit disappointing.

Excellent read. Information well laid out for ease of read and learning about different oils and effective use. Educational on different concerns, and why the reactions are occurring and ways to deter and counteract if needed.

I read this book last night and ordered two aromatherapy diffusers and some oils today. This little gem offers quite a bit of helpful information. I have used essential oils in my homemade soaps for years and now look forward to tackling my son's and my allergies, naturally. Thank you, Susan Scott, for your research and sharing your knowledge. I am grateful.

#### Download to continue reading...

Natural Remedies for Dogs : 101 Safe & Natural Essential Oils' Remedies for Your DOG: (Natural Remedies For Dogs, Essential Oils Remedies For Dogs, Natural Dog Care, Recipes For Dogs, Home Remedies) Essential Oils: 120+ Essential Oils Recipes For Diffusers, Aromatherapy, Natural Remedies For Skin And Hair Care: (Essential Oils For Weight Loss, Aromatherapy) ... Oils, Essential Oils For Allergie) Essential Oils 2016: 200 Natural Beauty Recipes: Diffusers, Skin Care Remedies, Weight Loss, Aromatherapy: (Young Living Essential Oils Book, Natural Remedies) (Home Remedies, Aromatherapy) Essential Oils: 40 Amazing Essential Oil Recipes for Diffusers: (Diffusers, Natural Remedies) (essential oils diffusers, young living essential oils book) Essential Oils For Beginners: Essential Oils For Beginners: How To Use The Essential Oils To Maximize Your Health And Longevity (Essential Oils And Aromatherapy) (Volume 1) Essential Oils For Allergies: A Complete Practical Guide of Natural Remedies and Ailments Big Collection Of Essential Oils: Amazing DIY Recipes Of Essential Oils Blends, Soap Making And Repellents: (Diffuser Recipes and Blends, Skin So Soft Insect ... (Natural Remedies, Essential oils) Essential Oils: Ultimate Essential Oils Guide and 89 Powerful Essential Oil Recipes! (2nd Edition) - How to Use Essential Oils for Aromatherapy and Healthy ... Loss, Essential Oil Recipes, Aromatherapy) ESSENTIAL OILS: Aromatherapy, Essential Oils For Beginners, And Essential Oil Recipes To Improve Your Health (Medicinal Herbs) (Essential oil recipes, ... Aromatherapy and essential oils Book 1) Natural

Medicine and Herbs: 50+ Natural Medicine to Reduce Anxiety, Depression, and Ailments from Your Body: (Essential Oils, Aromatherapy, Herbal Remedies, Supplements, Healing, Vitamins) Essential Oils Natural Remedies: The Complete A-Z Reference of Essential Oils for Health and Healing Essential Oils For Babies: The Ultimate Guide On How To Use Essential Oils For Your Baby To Maximize His Health (Aromatherapy, Baby Health, Natural Remedies, Baby Care) The Illustrated Encyclopedia of Natural Remedies: Over 1000 Natural Remedies for the Prevention, Treatment, and Cure of Common Ailments and Conditions Essential Oils: The Complete Guide: Essential Oils For Beginners, Aromatherapy And Essential Oil Recipes Essential Oils for Healing: Over 400 All-Natural Recipes for Everyday Ailments Essential Oils: 50 Essential Oil Dog & Cat Recipes From My Essential Oil Private Collection: Proven Essential Oil Recipes That Work! (Essential Oil Pet Private Collection Book 1) Doctors' Favorite Natural Remedies: The Safest and Most Effective Natural Ways to Treat More Than 85 Everyday Ailments Essential Oils and Aromatherapy: The Ultimate Essential Oils and Aromatherapy Guide for Health, Healing and Beauty Herbal Remedies: The Ultimate Guide to Herbal Healing, Magic, Medicine, Antivirals, Antibiotics,: herbs, Alternative Medicine, Magic, Medicine, Antivirals, ... Oils, Depression Cure, Natural Remedies,) Essential Oils for Beginners: The Guide to Get Started with Essential Oils and Aromatherapy

<u>Dmca</u>