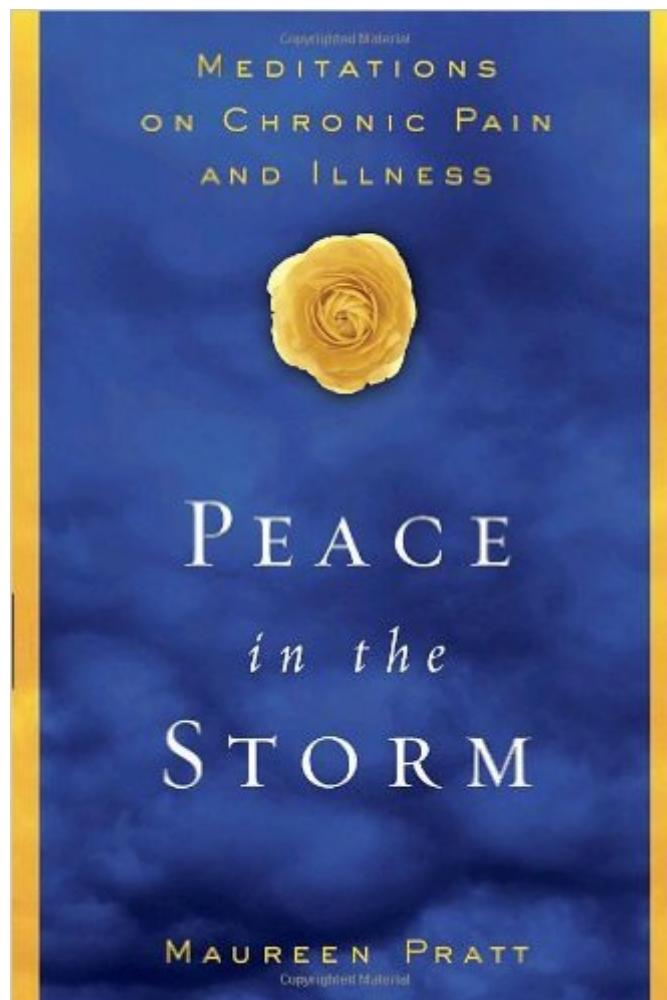


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# Peace In The Storm: Meditations On Chronic Pain And Illness



## **Synopsis**

Millions of Americans experience pain every day of their lives, their conditions unalleviated by the myriad medications and treatments available today. Maureen Pratt, who has had lupus for more than a decade, is intimately aware of the toll chronic pain takes on patients and their families. In this practical and spiritual guide, she shares how she navigates through the frustrations, fears, and complexities of living with chronic pain and illness. Using a combination of Bible passages, her own observations and insights, and prayer, Pratt provides help on issues that include dealing with isolation, coping with medical expenses, and learning to say no. Written with unstinting honesty and humor, *Peace in the Storm* will help readers identify their own spiritual and physical needs.

## **Book Information**

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## **Customer Reviews**

I am a 27-year-old woman with Lupus, Fibromyalgia, and Osteoarthritis in both knees and in my spine. It is a gross understatement to say that it's a hard thing to deal with. This book has helped me to see my health problems in a different way. Instead of seeing them as a burden to me, and seeing myself as a burden to others, I now see my afflictions as blessings. I don't feel helpless anymore. I feel like I can deal with my illnesses gracefully. I cannot even begin to tell you how much peace this book has brought to my life! Anytime I'm feeling sorry for myself or I am in a great deal of pain, I open this book and read another chapter or two. Instantly, I feel more at peace in my body. It doesn't physically make the pain go away, but somehow I feel God's hand touching me, comforting me, and reassuring me that He is always with me. I love the scripture excerpts at the beginning of

each chapter, and the original prayers at the end. If you have a chronic illness and you are having a difficult time coping with it, you MUST have this book! It will definitely bring peace amidst your storm...

I was delighted just to know this book existed. As the founder of a Christian organization for those with chronic illness I often fall short of books to offer that I know will provide someone with hope; but also confront the challenges one faces each day when living with chronic pain. This book will be a true source of hope and comfort to anyone with a chronic illness. As author of a devotional book on chronic illness myself, I know just how hard it can be to press on when you are in so much pain. Way to go, Maureen! You've filled a much-needed gap in the publishing industry and have done it with both grace and joy!Lisa Copen

Maureen Pratt has detailed many issues that come about when one becomes chronically ill. Not only was Maureen right on when it came to her description of the problems one can deal with, she also has keyed into the emotions that go with it. Maureen suggest many ideas on how to deal with this issues, which leave you very inspired. I could not put the book down. I was educated, moved and very inspired. I recommend it to all that are chronically ill and to those who want to understand exactly what a sick person is feeling and going through.What a great book!!

I love this book. Living in chronic pain, undiagnosed, takes all the life out of you. This book has a reading for almost any emotion or thought you feel when in pain. The readings are short and easy to follow, especially when you are on medication. Each time I read it I feel more at ease. I would recommend this book highly!

The shipper was really great. The book came very quickly.I was expecting something more in keeping with CPA.This book is bible based. If that's what you're looking for,then you will like it.

I've been disabled for over twenty-five years with a very complex, life threatening and completely disabling disease that has left me in a great deal of pain and oftentimes in despair. Peace in the Storm offers no simple answers or great insights into all the whys and wherefores of chronic illness, but it does offer some important day to day insights into the problems that people with chronic illness face. The Kindle version is extremely well formatted and easy for my arthritic hands to manage. The essays are to the point and while they may not offer solutions they did leave me

feeling less alone in my struggles. At times her style comes off as a little light, but there is real substance to most of her writing. She clearly has "been there" and this isn't a mere collection of platitudes as is usually the case.

A great book on suffering from a Christian (and possibly even Catholic!) perspective. A great book that anyone with or even someone who knows someone who has chronic illness should have. I'm Catholic and have Crohn's disease and I related to much of what was said in the book. Thank you!

Great book for anyone who deals with chronic illness and pain. The author writes in an easy to read manner. You can tell that she has lived through what she is talking about. Great source of encouragement and comfort.

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