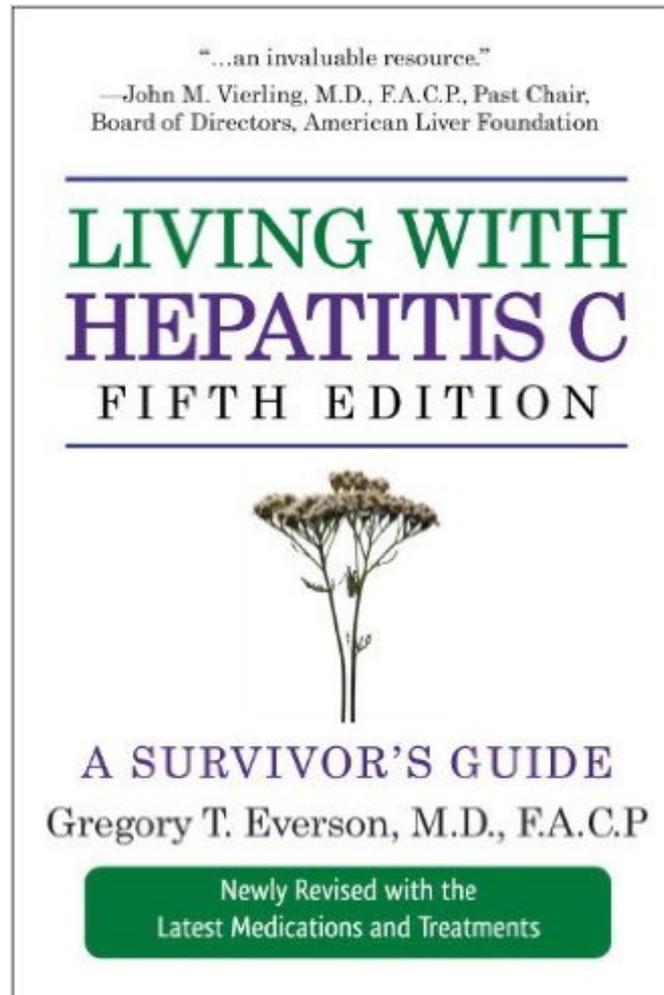


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# Living With Hepatitis C, Fifth Edition: A Survivor's Guide



## Synopsis

The Most Trusted Resource and Reference for Millions of Americans Living with Hepatitis C was the first book to explain in everyday language the causes of this disease, its major and minor symptoms, and all of the latest treatments available. Researchers have continued to make dramatic strides in helping the millions of Americans who suffer from Hepatitis C since the book's first publication, and each new edition has kept up with the most recent findings. The latest revised Living With Hepatitis C, Fifth Edition includes cutting-edge information on:

- \* New treatments including pegylated and consensus interferons
- \* Living-donor transplants
- \* Co-infections with Hepatitis B and HIV/AIDS
- \* Promising new clinical trials of protease and polymerase inhibitors
- \* New maintenance therapies, an expanded and updated resource section, ways to avoid infection, and much more

Living with Hepatitis C, Fifth Edition is still the "gold standard" resource and reference for those who must endure this disease. It offers guidance and answers for those infected by the virus--and for their spouses, families, and friends.

## Book Information

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Average Customer Review: 4.3 out of 5 stars [See all reviews](#) (12 customer reviews)

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## Customer Reviews

This near-classic is in its 5th edition. Living with Hepatitis C is written for the general hepatitis C audience and needs to be updated to include the latest treatments. Only a small percentage of the book discusses hepatitis C treatment. Three chapters address nutritional, emotional and financial self-care for the hepatitis C patient, but none specifically for patients during treatment. This book is a good starter book for those looking for general information, with the caveat that the book is not quite

up-to-date.

This book may be of more use to someone just diagnosed, who is currently not experiencing any real complications yet. Be aware that the changes in the treatment options is a dynamic affair, and changes so quickly that anything published over 6 months ago is probably not current. Any publication of this type must be considered as "general" and dated. I would not, personally, recommend this book, or any others like it. It is not that they are not adequate, it is simply because they cannot be current for more than a few months. Just be aware. This is an insidious disease and it manifests itself differently in everyone it touches. One size simply does not fit all.

Hepatitis C is not diagnosable in the early stages you can be a carrier for years and have no visible signs until it is quite advanced resulting in flu-like symptoms, yellow urine, diarrhea, vomiting, yellow complexion and yellow whites of your eyes (jaundice). The Hepatitis virus is known by many names yellow fever: transmitted by mosquitoes, typhoid: infectious bacterial/virus including epidemics and plagues. Gregory T. Everson M.D. wrote this book to make people aware of the travesty and manipulation of diagnosis. Cirrhosis of the liver is cancer caused by Hepatitis C and it can be treated with pegylated interferon plus ribavirin in the early stages and initially by the A and B Vaccine. Antibodies are white Helper T cells that supply our liver with nutrients and result in energy. Killer T cells have a buddy relationship with normal cells accepting the bodies nutrients however their waste is toxic not nutritional, a build up of waste is cancerous. Mental disorientation and depression caused through edemic encephalopathy (fluid retention especially on the brain) are often mistaken for psychiatric disorders of schizophrenia and bi-polar. Before liver transplants depression is often treated with Prozac and Zoloft. Hepatitis can be waterborne, airborne, or bloodborne in the case of Hepatitis C it is bloodborne. An open area of your skin exposed to the virus sharing your toothbrush, razor or drug use can result in inflammation and bleeding of the area which can initially be treated with Nurofen 200mgs or Ibuprofen 800mgs use as directed. Hepatitis kits are also available from your pharmacy including name suppression while submitting a specimen or [www.home-hiv-tests.com/](http://www.home-hiv-tests.com/). Mitylene Kuc

This is a great resource for those who have Hepatitis C; It has a wealth of info, and is a must for anyone who has or knows someone with Hep C. Great Book!

Very informative but I would not say that I love it. The author is a renowned writer on this particular

subject. Well done, but she needs to write another book with more current research information.

A very informative and well-written book--I would say a "must read" for anyone with HCV or anyone giving support to a family member or friend with HCV.

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