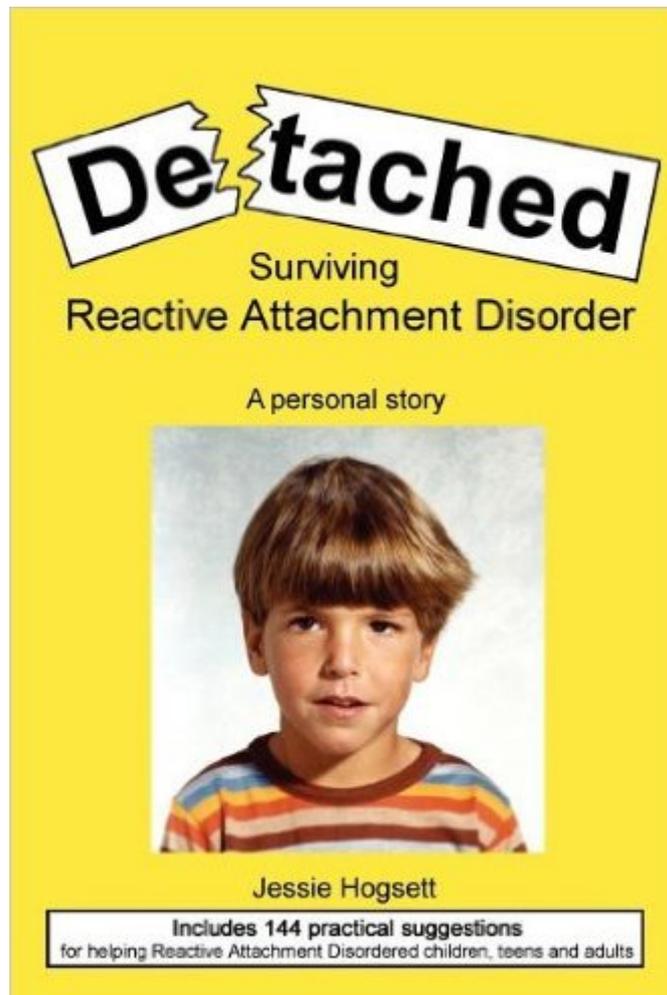


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# Detached: Surviving Reactive Attachment Disorder



## Synopsis

DETACHED! SURVIVING REACTIVE ATTACHMENT DISORDER is the true story of a young boy who never "attached" or "bonded" with his alcoholic mother. He felt unloved, uncared for, unsafe, sad, lonely and extremely angry. As he grew up, he, like most Reactive Attachment Disordered kids, acted out, exhibiting severely antisocial, even violent, behavior. You'll travel back in time to view a young child's life through his own eyes. You'll see an innocent boy become a severely emotionally disturbed teen. Then, against all odds, you'll read about miracles few ever thought possible.

## Book Information

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Product Dimensions: 6 x 0.4 x 9 inches

Shipping Weight: 10.4 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars [See all reviews](#) (32 customer reviews)

Best Sellers Rank: #319,238 in Books (See Top 100 in Books) #77 in [Books > Health, Fitness & Dieting > Addiction & Recovery > Adult Children of Alcoholics](#) #281 in [Books > Parenting & Relationships > Adoption](#) #293 in [Books > Parenting & Relationships > Family Relationships > Abuse > Child Abuse](#)

## Customer Reviews

by Toni Hoy, author of "Second Time Foster Child" [Second Time Foster Child: How One Family Adopted a Fight Against the State for their Son's Mental Healthcare while Preserving their Family](#) As a foster/adopt parent for over two decades, I wish I'd had the opportunity to read this book at the start of our journey into fostering. Jessie takes us into the mind and body of a child who feels cold, fear, sad, and abandoned. The child takes the reader vicariously along with him, as those emotions manifest into anger, rage, destruction, and indifference right before their eyes. Jessie discloses the most personal details of his childhood and life so that we may view detached children as we should, under the "trauma lens." As a mother of three sons with varying degrees of attachment disorders, I found this book very painful to read. I saw my children's innermost pain and the sources that caused it, replayed before my eyes. It could have been so easy to set this book down unfinished; however, I'm glad I pushed through it. I have gained greater understanding of the inner emotional struggle

that neglected and abused children endure. On my worst day, it's easier to be me. A characteristic of many detached children is that they sometimes miss academic and developmental stages. I believe that this writing reflects academic weaknesses resulting from the distraction of childhood trauma. "Detached" is only enhanced by the simple prose and elementary writing as it reveals that bright minds can overcome most, but not all academic and developmental hindrances. Jessie Hogsett has the gift of identification.

Detached: Surviving Reactive Attachment Disorder by Jessie Hogsett is a personal story of his growing up birth to five in a home of abuse and neglect. Separated from his sister in foster care, his foster parents later adopted him and began to raise him. Jessie suffered from Reactive Attachment Disorder (RAD) and does an excellent job of helping readers get inside the mind of a child who has suffered RAD. Not only that, though, but parents or foster-carers or teachers who work with kids who are (or have been) in foster care or orphanages will also benefit from reading this book. He addresses many issues, such as: abandonment, grief, longing for a parent to return, reuniting with biological parents, anger, manipulation, bedwetting, lying, stealing, fear, loneliness, cutting, destroying things, and so much more. This book is a true story of overcoming hardships and choosing to look to the present and future rather than the past. His writing style is simple and to the point. The last chapter ends rather abruptly, but the Afterword does a great job of providing a satisfying closing. While the reader needs to overlook some grammatical errors, once the reader gets into the story there is no putting this book down! Do not skip the Appendix! If you are in the middle of a difficult time with a child who has RAD or PTSD, you may want to start with the Appendix for over 140 practical things you can do. A quote from the book that I could especially relate to as an adoptive mom: "I especially liked destroying things Suzanne had given me - clothes, games, toys, pictures, anything. In the back of my mind I always hoped that if I made her mad enough she'd go away and my real mom would come for me."

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