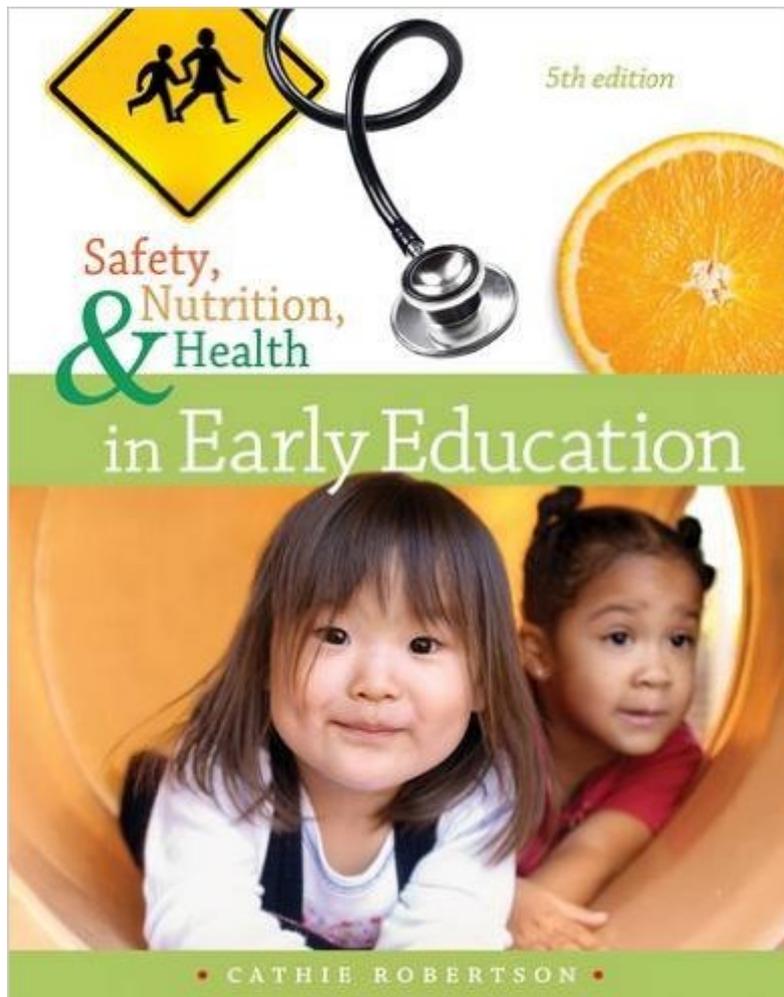


The book was found

# Safety, Nutrition And Health In Early Education



## Synopsis

SAFETY, NUTRITION, AND HEALTH IN EARLY EDUCATION, Fifth Edition, prepares readers for a career in early childhood education through a combination of basic information and theory, practical applications, and resources. Emphasizing the realities of working with children from diverse backgrounds, the book covers four major subject areas: safety, nutrition, health, and wellness. This extensively updated and revised fifth edition--now written to NAEYC, DAP, and AAP/APHA standards guidelines--includes more material on wellness, the latest Dietary Guidelines for Americans 2010, groundbreaking research on fast food from Yale University, new information on "green" cleaning and the Go Green Rating Scale for Early Childhood Settings, and information on bed bugs. New Reality Check boxes take a closer look at current topics, such as developing brain research, rating elementary school lunches, school gardens, and pandemic outbreaks. Suggestions throughout the text offer practical guidance for working with children with disabilities and special needs.

## Book Information

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Average Customer Review: 4.3 out of 5 stars [See all reviews](#) (23 customer reviews)

Best Sellers Rank: #55,404 in Books (See Top 100 in Books) #60 in [Books > Education & Teaching > Schools & Teaching > Parent Participation](#) #70 in [Books > Textbooks > Education > Administration](#) #109 in [Books > Education & Teaching > Schools & Teaching > Education Theory > Administration](#)

## Customer Reviews

Rented this book for my Early Childhood class. Made it difficult not to make marks or take notes in it but since the previous person did some note taking it made it a little easier. Just used alot of sticky notes. Was a heck of alot cheaper to rent this than to buy it!

I rented the book through [Amazon](#) and it was my first rental so I was a little hesitantThe book came a couple

days later than expected but my professor was lenient so that was great The information in the book was absolutely vital for passing my class provided a great, affordable rental service for this book I am very grateful This book is perfect for people who want to learn more about safety and health for young children The information in the book is very clear and thorough

I hate reading on a screen and would take a paper book if it weren't so expensive. Originally, I paid \$200 for this text at the local store. I returned it and rented this as an eBook for the semester through mid February (about \$45). I can extend the rental for about 5 cents a day. My eyes get red reading on a screen but it helps to turn down the brightness on my computer. I downloaded the free Kindle for PC app in order to buy this as an eBook so I didn't have to buy a Kindle or other before making sure I would be ok to use an electronic book. With the money I saved I might consider a basic Kindle in the future since I hate the computer glare. Many people in other reviews complained that you can't highlight in the free PC version but I just figured it out and I am far from tech savvy. It is not an option on the toolbar. You just have to highlight the text with your cursor. Then a window pops up below the highlighted text with options. You then click on the "highlight" option and the highlighted text goes from grey to light yellow and stays that way when you click off of it. You can copy paste the text onto a word document and is automatically accompanied by the proper citation from the publisher. I believe it even includes the page number. The options that pop up when you highlight text are: Highlight; Add Note; Copy; More (Book extras by Shelfari; Dictionary; Google; Report Content Error; Search this book; Wikipedia). Below those options is a gear icon for other settings. There you have the option of choosing the language of your dictionary (several to choose from). I have only tried the highlight option.

My review is about two years late.. BUTTT This book is awesome. Cathie has a way with explaining things in detail, but keeps things light and easy to read. If you ever have the honor of taking her classes( if she returns) do it! She is an incredible teacher, and being able to connect her book to her lectures makes the understanding of the material even better. Book came in great condition!

My book came on time and in great condition. I'm currently taking a course on health and safety in early childhood environments and this book is a great resource.

This book was filled with lots of information that I needed to pass my class, and I found it interesting. if you are thinking about taking a class that requires this book you won't be disappointed.

I love the book. Loaded with great information. Lots of great reading. I would recommend this book to anyone who works or is going to work with children.

Both books were ordered for a friend, so don't have any specific comments. She likes both books. She's passing those along to her friends.

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