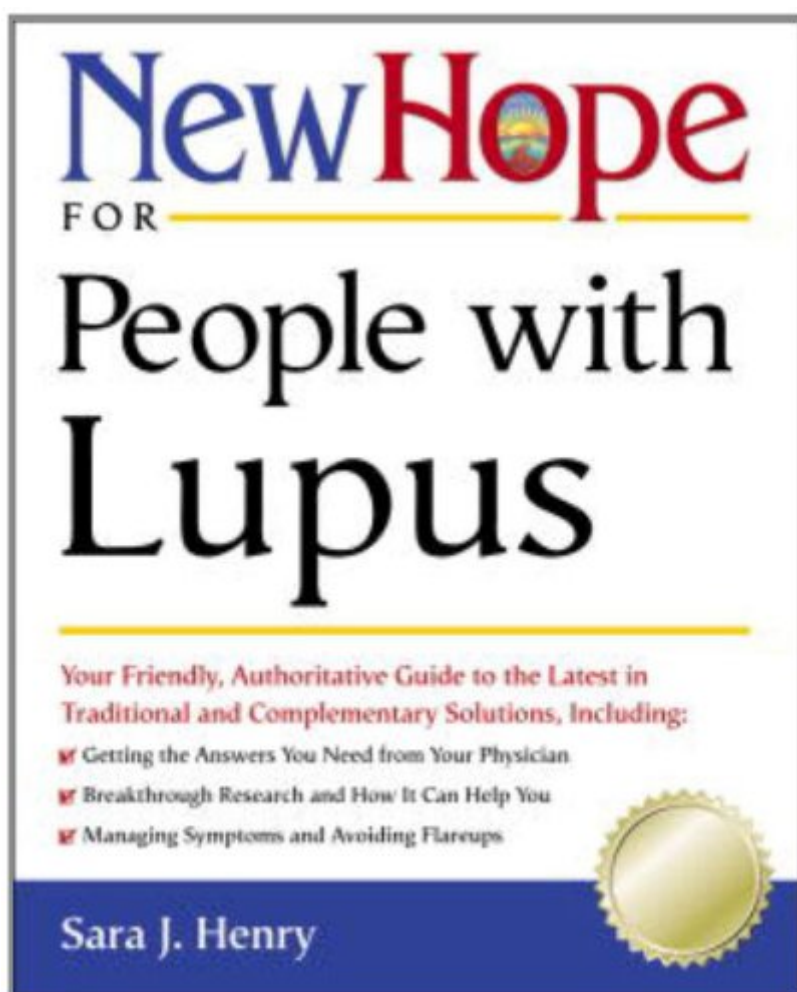


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# New Hope For People With Lupus: Your Friendly, Authoritative Guide To The Latest In Traditional And Complementar Y Solutions



## Synopsis

Discover Exciting New Ways to Manage Lupus Now you can take control of lupus and begin living a healthier, better life today! This thoughtful, cutting-edge book can help you manage the flare-ups, symptoms, and side effects of lupus and put you back on the path to a more enjoyable, active lifestyle. Inside is compassionate, practical, and immediate guidance for anyone affected by lupus, including:

- Promising alternative therapies such as DHEA, essential fatty acids, and herbs
- Conventional drug treatments, including corticosteroids and antimalarials
- Easy methods to reduce stress and boost energy
- Important lifestyle requirements, such as diet and exercise
- And much, much more!

"A great resource for people with lupus, especially those recently diagnosed. *New Hope for People with Lupus* gives valuable and credible information about the many aspects of lupus which, as most of us know, can be very confusing." — Gloria M. Spadaro, R.N., executive director, Lupus Foundation Inc. of New Jersey

Reading *New Hope for People with Lupus* helps you become a central player in the collaborative diagnostic and therapeutic process that is what medical care is all about. This book gives hope because there is hope, particularly after absorbing the pearls in this new partner in your medical care." — From the Foreword by Stephen A. Paget, M.D.

Trade Paperback edition.

## Book Information

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## Customer Reviews

I've been dealing with lupus for many years now, have read many articles and multiple books, have endured and am enduring many medical procedures and am always looking for new information or a new way to think about having lupus. This might not be an innovative book, but it was immensely valuable in a way I wasn't expecting. It accurately detailed every step, every fallback, every triumph and every catastrophe I've faced in this process. None of the other books I've read have been so true and so complete in presenting the possibilities of what has happened, what is happening now, and what to expect. Reading this has really focused my perceptions of what this disease can mean to me and what can be done to regain and maintain some control. I don't agree with all the methods and think some are downright airy, but there are many more options presented that sound reasoned and hopeful. If you have been looking for a book that provides a rock solid foundation of knowledge and understanding of lupus, this is it.

As a lupus sufferer who's read just about every book ever written on the subject, I found this to be the definitive book on a very complex subject. DiGeronimo covers the realm of symptoms, treatments and complications thoroughly and with warmth and compassion. If you've just been diagnosed with lupus, or know someone who has it, this is the book for you! Congratulations to the author on a job well done.

Being a long time Lupus sufferer, I've read and have every book known to man. This book explains everything you've ever wanted to know about Lupus, very eloquently. Applause go out to the author, Theresa DiGeronimo. If you are or know someone who suffers from Lupus, this is the best book on the market.

This a good book for any Lupus patient. I have SLE and found this book informative, but it is interlaced with optimism and cases of people who were able to reduce their symptoms. It has everything.. the basics, meds, alternative therapies, coping and relationships, tips on what to ask the doc. This is a good book.

I highly recommend this book for those who have recently been diagnosed with Lupus as well as

informative for family members to better understand what Lupus patients experience. I found the book easy to read, informative, as well as keeping the focus on what Lupus patients should do to stay positive while living with this treatable though incurable disease.

When I was diagnosed with Lupus I was overwhelmed. I had no clue or understanding of what to expect. I skimmed through a bunch of books, looking through the table of contents and was interested in what this book had to offer. I am so glad I picked it! I was given a clear understanding of what to expect and a explanation of why certain things were happening. 2 of my friends were diagnosed after me and I bought them this book. They were as lost as I was and were grateful to have it too. We all reference back to it from time to time. If you or anyone you know has Lupus, I would recommended this book as a Must Have.

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