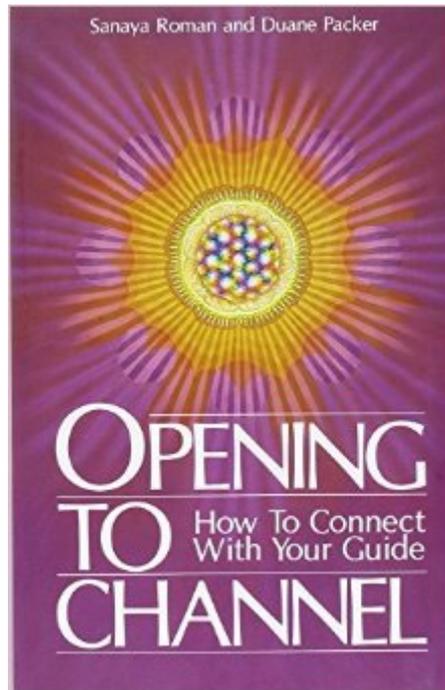


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# Opening To Channel: How To Connect With Your Guide (Sanaya Roman)



## Synopsis

Note: The revised eBook edition has the addition of several color illustrations and has been updated, however the processes and information in both the printed and eBook editions are essentially the same. *Opening to Channel* is a book with a startling message for the millions of curious Americans who are eager to learn more about this fascinating experience. The authors, Sanaya Roman and Duane Packer, with their guides Orin and DaBen, have demonstrated that anyone can become a channel, connect at will with a spirit guide or their higher self, and achieve remarkable and life-changing results. This book takes the reader step-by-step into the experience of channeling. The book provides a frame of reference by weaving in the story of how the authors became channels and then taught other people how to channel. This has become a bestselling classic, and a national and international best-seller. Sanaya and Duane's books have been translated into over 24 languages, in over 2,000,000 books worldwide. This book is a definitive, inspirational, and easy-to-use guide to the art of channeling. You can use these methods to open to channel a guide or your higher self. *Opening to Channel* includes practical hands-on instruction in how to know if you are ready; how to attract a high-level guide, go into a channeling state, channel for friends or yourself, use channeling to expand your consciousness, and open to the higher dimensions. Orin and DaBen, two wise and gentle spirit guides, prepare you for channeling and let you know what to expect. You will learn how to recognize and attract a high-level guide, as well as how to recognize and reject entities that are less evolved. You will discover more about how guides communicate with you and your role as a receiver. You will be guided through your first meeting with a guide, explore how to verbally channel a guide, and be given questions to ask your guide as well as information on what to expect when you first start verbally channeling. Instructions are provided for giving yourself a reading as well giving readings to others. You will learn more about how to look into your future with your guide. As you read you will learn how to develop and strengthen your channeling. Guidance is provided on how often to channel, how to receive specific information, and other ways guides can work through you such as through art or music. Various questions people frequently ask are addressed, such as; can you channel the same guide as others, lose your channeling ability, or channel when you are sick? You will also discover how to deal with doubts that your channeling is real. *Opening to Channel* is a breakthrough book. Channeling your guide could be the key to accelerating your spiritual growth and opening the doorway to enlightenment. The benefits from channeling are unlimited, such as: A greater awareness of spiritual worlds and the beings of light Connecting with high beings from higher realms of light Access to knowledge that was not previously available Heightened creativity Having more

confidence in yourself and the choices you make  
Experiencing greater wisdom  
Understanding reasons for apparent obstacles encountered in daily life  
Learning about opportunities for your life regarding relationships, abundance, or career  
Substantial acceleration of your spiritual growth and unfoldment  
Feeling that you are living a purposeful life  
Clarifying your life purpose  
Developing your innate talents and gifts  
Finding your path of world work

## Book Information

Series: Sanaya Roman (Book 1)

Paperback: 252 pages

Publisher: HJ Kramer; 1 edition (January 7, 1993)

Language: English

ISBN-10: 0915811057

ISBN-13: 978-0915811052

Product Dimensions: 0.8 x 5.5 x 8.5 inches

Shipping Weight: 10.6 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (201 customer reviews)

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## Customer Reviews

i have quite a few books on "channeling" in my book collection, but this one takes the gold! It is very easy to understand, and does NOT make the art of channeling anymore complicated than it has to be. The excercises contained within the book are excellent. One of the reasons i love this book so much is because once i started reading the material, mild channeling sessions would just start to come naturally. Not to mention, most of us channel "more than we know".. This book simply makes you aware that you are doing it, that anyone can do it, and just how easy it is....The text flows beautifully, and the authors are wonderful!i would reccommend this book to anyone who sincerely wants to learn to channel.

Sanaya Roman and Duane Packer bring you an extraordinarily simple and easy to understand book about channeling, by clearly explaining that each person alive has this natural ability, it's just learning how to fine tune it so that you can receive the highest wisdom and guidance for yourself,

and then you can ultimately use it to bring through information to help humanity, even if only one person at a time. I personally know their work is authentic, real, and comes from the heart. The instructions and steps provided are easy to follow, and you don't have to go into some altered state, or speak in a strange voice to channel Higher wisdom. This same wisdom comes to you in your gut instincts. Getting it down on paper is actually quite simple, but some may find it hard to trust in the beginning, as if you are making it all up. You are not. It is important to ask for Divine Protection and to be surrounded by white Light, and also that you ask to be connected to ONLY whatever name you give to your highest source of wisdom and guidance. This was the first and last book I ever bought on channeling when it first came out. I HIGHLY recommend it to anyone who wants to soar in their life, because once you get that connection fine-tuned, you are going to see amazing results. You ARE being helped at all times. This wonderful book simply helps you become more conscious of it, and teaches you how to use it in your daily life. A Wonderful contribution to humanity by the wonderful authors that gave us all this book. Deserves 10 Stars. Barbara Rose, author of "Stop Being the String Along: A Relationship Guide to Being THE ONE" and 'If God Was Like Man' Editor of inspire! magazine

You don't have to be a psychic or a card reader to learn how to access your spirit guide. After practicing meditation and relaxation exercises, the authors naturally move you towards asking for a guide and how to receive information. If this is something a person is really wanting to learn, I would certainly recommend this book above any of the others. It felt good to read this book and know that we all have a special 'guardian angel' that we can talk to at any time and Orin and DaBen show us exactly how to communicate with that entity. I loved it!!

Without sounding corny I hope, I felt that I was guided toward buying this book!...and I bet many others have been too! I do not normally read 'how to' books because I like to try things in my own way, however, this book with another perspective of doing things helped me in many ways. It is easy to read and understand and it explains the sometimes complex methods of channelling in a straightforward way. What makes it more interesting and convincing is the fact that it was channelled by the authors guide. I recommend it for anyone who is developing their mediumistic gifts. Ashleigh Stewart[...]

Not only does this book offer wonderful information, but the exercises given are easy to follow and do produce results. Orin and DaBen enlighten with humor, wisdom and sound advice. You'll learn

how to meet, speak with and work with your Spirit Guides. But you'll also learn how to speak with other spirits that might cross through your day and learn from them as well. I don't know anyone who has read this book that didn't have it change them in some way.

To say that this is a "how to" book does not bear justice to the loving message that this book conveys. The universe is an abundant place, and there are spirit guides who want to help us make life a truly wonderful and joyful experience. While this book teaches how to contact these guides, we also need to focus on the message that all those desiring spiritual growth need not do it alone. We are guided! We are supported! Anyone who decides to read this book has already been "nudged" by their guide who seeks closer communications with him/her.

Initially, I was skeptic. But after taking the time to read through the chapters, I was able to get a better understanding of what to expect and how to protect myself from any unwanted negative beings. On my first try, My head became light and, unlike in the book Sanaya has written on getting in contact with your higher guide, I felt as if a frequency had been opened up in my mind--with my higherself it felt more like a reconnection. Anyway, I could clearly hear and feel my spirit guide's voice and presence. It was not forceful, and did not advise me to do anything negative. In fact, she, Sonoma, did not advise me on anything at all. She said that to advise would be like telling me how to live my life and that she could not do that. But what she would do was help me to see all probable outcomes of my decisions. From there I was told to choose with my heart. Another interesting fact that I would like to note is that when I asked for her name, she did not hesitate to respond, although at first I couldn't completely make out what was being relayed to me. After a couple of days, the name Sonoma popped into my mind and I immediately looked it up. It means center of the universe.

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