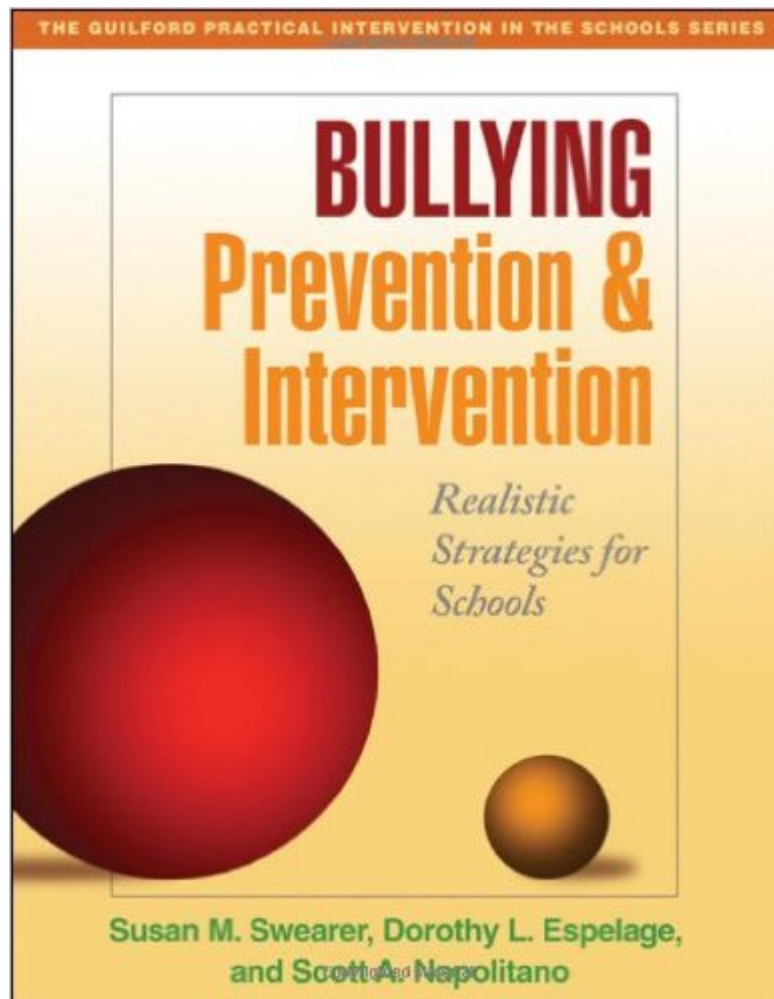


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# Bullying Prevention And Intervention: Realistic Strategies For Schools (The Guilford Practical Intervention In The Schools Series)



## Synopsis

Grounded in research and extensive experience in schools, this engaging book describes practical ways to combat bullying at the school, class, and individual levels. Step-by-step strategies are presented for developing school- and districtwide policies, coordinating team-based prevention efforts, and implementing targeted interventions with students at risk. Special topics include how to involve teachers, parents, and peers in making schools safer; ways to address the root causes of bullying and victimization; the growing problem of online or cyberbullying; and approaches to evaluating intervention effectiveness. In a large-size format with convenient lay-flat binding, the book features helpful reproducibles, concrete examples, and questions for reflection and discussion. This book is in The Guilford Practical Intervention in the Schools Series.

## Book Information

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Age Range: 5 - 17 years

Grade Level: Kindergarten - 12

## Customer Reviews

School bullying has become a major concern, probably not because there's any more of it now than before, but because we are more aware of it and the very real potential for long-term adverse consequences. This book stands out clearly in my opinion among the many related publications that are now available. In spite of what appears to be a common popular opinion, the authors do not believe that punishment of bullies is an effective intervention (good balanced positive psychology perspective!), and then go on to outline types of bullying, social-ecological problems associated

with bullying (psychological correlates; and peer, familial, school, and societal influences), and social skills/information processing considerations. Without promoting any specific anti-bullying program (and there are many), they outline in a general fashion the steps for developing and implementing an effective anti-bullying policy. They discuss a number of legal issues, and I was surprised at the differences among the 50 states with respect to focusing on bullying (especially availability and comprehensiveness of state statutes). This is a very practical and down-to-earth guide to implementing and evaluating anti-bullying programs, and it deserves the careful attention of anyone who likes and works with kids (school administrators, school board members, counselors, teachers, psychologists, parents, and concerned community individuals).

I like this book! There are many books on bullying, but some of them only talk "about" the problems instead of offering solutions. Yet other books offer well-intentioned suggestions based on personal experiences that have no scientific proofs. The authors of this book are leading researchers on school bullying, and they have published many empirical studies in scientific journals like Journal of Counseling & Development, School Psychology Review, Journal of Emotional Abuse...etc. The suggestions of this book are based on their social-ecological model which addresses not only personal characteristics of the bullies and victims, but the whole ecological systems (peers, school, community and family) that perpetuate the problem. I also like the fact that they don't favor any "red hot" anti-bullying program which cost a school thousands of dollars to implement. Instead they offer detailed bullying prevention plans that any school can adapt and use right away. I think it is very useful for any teacher, school administrator, and school counselor/psychologist who cares about this growing problem and wishes to end it.

A foundation of research and the authors' hands-on experience in schools, *Bullying Prevention & Intervention: Realistic Strategies for Schools* is a straightforward guide for educators to take a stand against bullying in schools. Straightforward strategies for developing effective district-wide policies, coordinating team-based prevention initiatives, addressing the root causes of bullying, taking steps against the modern problem of cyberbullying, and more fill this practical guide with examples, reproducible pages, and discussion questions. A "must-have" for public and private school educators. "It is not politically correct to suggest that some children have physical and personality characteristics that place them at risk for victimization, but it is true. Children and adolescents who bully others do, in fact, pick their victims very carefully. The selection or choice might be the result of a judgment that makes use of a real understanding of the victim's weaknesses and of how this child

is perceived by other classmates."

I bought this for a class I took last semester. It was so insightful as to how bullying begins, the negative effects - not only for the victims but the bullies, too. I think it's an important part of parenting for us to know the signs to watch for from both perspectives, but victim and bully.

I liked the fact that they show the results of serious research. They don't devote pages and pages for each aspect of bullying and they do not explode the already known, and sadly terrible accounts of deaths and suicides. The book is not entirely new but nevertheless I found lots of really good information.

As a parent we need to educate ourselves about the widespread bullying and how to prevent it. This is a good starting book for parents to understand Bullying in school and how to cope with it.

It's good information. I'm running a therapy group for kids who have been targeted. I thought there might have been worksheets to use as part of my curriculum. Other than that it's helpful.

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