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Addict In The Family: Stories Of Loss, Hope, And Recovery.





Synopsis

Witnessing the addiction of a family member or loved one is a heart-rending experience. But hope can prevail, as shown in this compelling revised and updated book. In Addict in the Family, the gripping stories of fathers, mothers, sons, and daughters of addicts offer important lessons on loving, detachment, intervention, and self care.

Book Information

Paperback: 184 pages Publisher: Hazelden; 1 edition (August 26, 2003) Language: English ISBN-10: 156838999X ISBN-13: 978-1568389998 Product Dimensions: 5.4 x 0.6 x 8.3 inches Shipping Weight: 8.8 ounces (View shipping rates and policies) Average Customer Review: 4.8 out of 5 stars Â See all reviews (185 customer reviews) Best Sellers Rank: #26,189 in Books (See Top 100 in Books) #21 in Books > Politics & Social Sciences > Politics & Government > Public Affairs & Policy > Social Services & Welfare #76 in Books > Health, Fitness & Dieting > Addiction & Recovery > Alcoholism #98 in Books > Health, Fitness & Dieting > Addiction & Recovery > Substance Abuse

Customer Reviews

Addict in the Family is a helpful guide for parents of addicts. Convers reviews what is known about drug use today, including detailed information about the effects of alcohol, marijuana, cocaine and heroin, without using 'scare tactics.' Using personal stories, she demonstrates some of the characteristics of addicts (lying, manipulation, denial, etc.). Most important, she provides a blue print for parents to work on their own recovery. As selfish as it appears, the work parents do on themselves also helps the addict. As a coach helping parents of children with addictions, I will recommend this book to all my clients.

I read this book in one afternoon, the most informative, educational, and well-spent afternoon in months. This book should be a must-read for anyone who's living with a close friend or family member suffering from a drug or alcohol addiction. This book provided SO MANY answers for me to all those questions that anyone in my situation would ask. This book will be kept close for future reference, a gem that I am extremely happy to have found. I plan to order copies for other family

members, as I don't intend to part with mine!

When as a parent, your absolutely worst nightmare comes true and you find out your child has addiction issues, finding resources and information is difficult to say the least. This book should be recommended for everyone who knows and cares about anyone with an addiction problem. Addict in the Family gave me insight into behaviors, mine and my daughter's that I have struggled with for two years. It also sheds a light on the road to come. It gave me not only strength of conviction, but also understanding. It was a heaven send to have my own words of fear, concern and love echoed in the pages of this book, and know I'm not alone.

Hopeless confusion are the two words that come to mind when I think of the time I learned my two daughters were heroin addicts. I wish I had this book then. It gives very good descriptions and examples of the things you will feel, the questions you will have, and the hope that is there behind all the despair. You'll still try to cure them, but it won't take so long to realize that you can only cure yourself. This book is also for those of you who dismiss the worthless, lying, thieving drug addicts and alcolholics out there as a waste of effort, as I once did. Read this book, and feel the pain and agony of the loving codependents of those addicts, and pray you are not next.

As a mother of an addict, this book is exactly what I needed. I didn't think I was going to keep my sanity, I really needed help! This book provided hope, advice, encouragement for ME, fulfilled my anxiety with calmness and a real sense of PEACE. Ms. Convers put this book together with such expertise that it felt like she was my personal counsellor. I took notes throughout and read it in one day. I couldn't put it down. It's helped me deal with my addiction to trying to "fix" my addicted daughter. So much better than any other book I've read.

I am taking the time to write this review to encourage anyone who is in a close relationship with an addict to read this book. I have read many books on addiction but this one has really changed my way of looking at my own life while dealing with the addiction of a loved one.

I recomend this book to anyone who has a loved one, friend, nieghbor, co- worker who is involved in drugs or if you are suspicious that they may be. Perhaps also to parents of younger kids who want to be somewhat prepared for thier future, especially if any member of the family has had an addiction of any kind. Addiction is a deadly disease and a very sad one. It helps to see,

unfortunately, that you are not alone. But never give up, get educated on it.

Addict in the Family it a great read for both the family as well as the substance user. For the family it confirms everything we feel and how we unknowingly continue to enable the user. It gives you help on how to encourage the user to seek the help they need while not enabling and giving them the love and support they need. I though I understood my user, but this book filled in all the missing pieces and helped me to really get it. For the user it helps them to understand what the family really goes through and how their substance use really affects the ones they love and the family dynamics. I leave mine in the bathroom or on the coffee table and often I see it moved or placed differently....he reads it a little at a time when he visits....and sometime we have open discussions about something he has read in the book. ANOTHER great book [ASIN:0060919698 Willpower's Not Enough: Recovering from Addictions of Every Kind]...meant for the user...but great for the family as well.

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