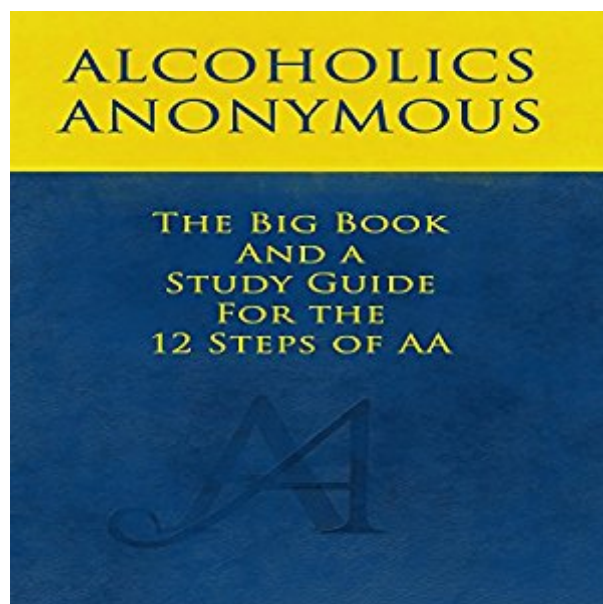


The book was found

The Big Book And A Study Guide Of The 12 Steps Of AA



Synopsis

The key text of Alcoholics Anonymous, which to this very day has not changed since it was first published in 1939. This is the original text, with the addition of personal stories from both the first and second editions. Also included: a current study guide from the 12 Steps of Alcoholics Anonymous. This book is the best-selling self-help book for conquering addictions that range from alcoholism to drug addiction, overeating, and other issues.

Book Information

Audible Audio Edition

Listening Length: 8 hours and 20 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Glenn Langohr, One Day at a Time Publishing

Audible.com Release Date: December 12, 2013

Language: English

ASIN: B00H98N90E

Best Sellers Rank: #38 in Books > Health, Fitness & Dieting > Addiction & Recovery >

Twelve-Step Programs #58 in Books > Health, Fitness & Dieting > Addiction & Recovery >

Alcoholism #334 in Books > Audible Audiobooks > Health, Mind & Body > Self-Help

Customer Reviews

The third chapter, More about Alcohol, is missing other than that it's perfect. I don't know who decides to leave out these things. But chapter three is very important.

I am using the Kindle app for iPad. The version I downloaded does have the Third Chapter. When you tap the top or bottom margin, the page number is displayed. I would prefer that the page number be displayed at the bottom of the page persistently, but I think that has been traded off for the ability to display different page formats and large print. What bugs me a little is that I downloaded the other BB already! This was displayed when I searched on 12 Steps and 12 Traditions and I was perhaps a little too hasty in selecting it. Maybe my impulsivity is a character defect that needs some attention. Edit - I see now that this is the second edition and there is a note at the beginning stating that the first and second editions are in the public domain. This is why I am using this - It's free to them. And note that the other version that I downloaded is also the second edition, so there's no point in getting them both. The other one has no pagination whatsoever,

though.

There is no corresponding page number to the actual book, which renders it worthless as a study tool. A total waste of money.

If you want the AUTHORIZED 4th Edition which has a LINKED Table of Contents and all the Personal Stories (This book doesn't even have Dr Bob's Nightmare!!!) Then you want this one: http://www..com/Alcoholics-Anonymous-Edition-World-Services-ebook/dp/B00H2YFYJ4/ref=cm_cr_pr_sims_t Now I will try to return this one and get the other (It's \$3 extra, but worth it!)

I like how easy it is to go back to where you left off, how easy it is to highlight things, and the ability to just touch and hold on a word to get a complete definition. The only downside is that it is the 3rd edition.

If you think you might have a problem with drinking....this is where all recovery starts....all successful recovery programs are based on the simple steps outlined here in the first 168 pages of this book.

The AA program isn't right for everybody, but it worked for me (even though I have remained agnostic through all 12.5 years of my sobriety). This is the AA "scripture" and as such, people tend to revere it with a legalistic, absolutist loyalty that is beyond me. I don't agree that every word is relevant, but I was able to learn lessons from many of the stories, and I didn't bother myself with the stuff that was not relevant to my path. I just wish more groups realized that it's not a Bible. Used properly, it's a great set of guidelines for remaining humble and developing resilience in recovery. More recent, more relevant stories are available in other books or online. I particularly enjoy the perspectives of those who have followed the twelve steps without the need for a religious mindset or commitment to any specific higher power. For me, it's enough to know that there are lots of powers greater than me--including societal forces, medical professionals, medicine, and genuine, unselfish love--that can and do restore me to sanity. I certainly would recommend this book to anyone who might be interested in sobriety. (And of course, those who aren't interested, but need it anyway.) For those who find the "higher power called God" concept troublesome, I would also recommend several other books, including *Beyond Belief: Agnostic Musings for a 12-Step Life* by Joe C., *Common Sense Recovery* by Adam N., *Dont' Tell: Stories and Essays...* by Roger C. For those who are inclined toward a spiritual resolution, I recommend *The Four Agreements* and *Living a Life of*

Awareness by Don Miguel Ruiz and Beyond Religion by HH the Dalai Lama.

The book itself is an excellent tool for the alcoholic! This review is to point out that this Kindle version is really messed up! Nearly every page has at least one typo. The chapters are not numbered and are not in order. Part of Chapter Three appears only a few pages into the book and then shows up again later on (no heading either time). I used this book in AA for about five years. Anyone who attends meetings can quote large passages of it. When compared to a hard copy, this version is pretty bad. Still, if you need the help this book contains, I would not discourage you from getting it in any form you can!

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