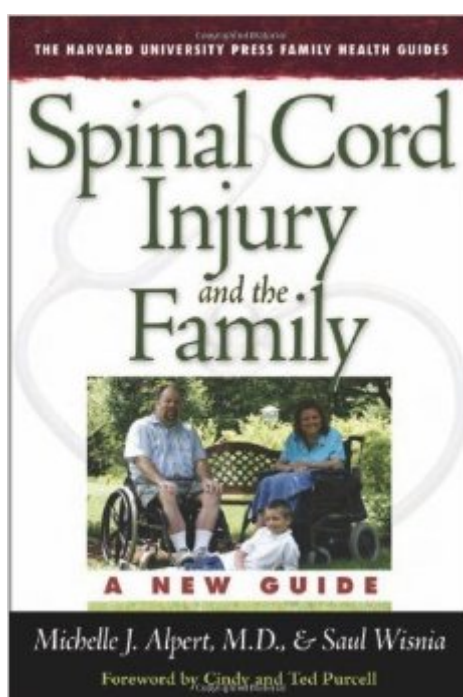


The book was found

Spinal Cord Injury And The Family: A New Guide (Harvard University Press Family Health Guides) (The Harvard University Press Family Health Guides)



Synopsis

Spinal cord injury, or SCI, is frequently sudden and unexpected—through accident, disease, or violence, patients temporarily lose control of their bodies and, it seems, their lives. With rehabilitation, they can learn to navigate their world once more, retraining muscles and mind to compensate for paralyzed limbs and diminished strength. But as Dr. Michelle Alpert shows here, there is far more to recapturing full, independent lives than regaining movement. Central to long-term success is mending the family unit. Combining Dr. Alpert's clinical experience with patients' own stories, *Spinal Cord Injury and the Family* is for individuals and their families who must climb back from injury: for the young quad couple, both quadriplegic, who wish to conceive and raise a child; for the paraplegic dad who wants to teach his daughter to drive; for the couple wondering how they can regain the sexual spark in their relationship. The authors cover the causes of and prognosis for SCI through case studies, review common courses of rehabilitation, and answer the "what now?" questions—from daily routines to larger issues concerning sex, education and employment, childbearing, and parenting with SCI. Rich in clinical information and practical advice, the book shows how real patients and their families are living full lives after spinal cord injury.

Book Information

File Size: 2704 KB

Print Length: 360 pages

Publisher: Harvard University Press; 1 edition (April 30, 2008)

Publication Date: April 30, 2008

Sold by: Digital Services LLC

Language: English

ASIN: B002OEBOH8

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #2,044,820 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #69

in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Spinal Cord Injuries #519

in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diseases & Physical Ailments >

Physical Impairments #726 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diseases & Physical Ailments > Nervous System

Customer Reviews

I highly recommend this very readable book for anyone, whether they have a spinal cord injury, are a family member or friend of an individual with a spinal cord injury, a professional person or if you are interested in the subject. The author has a wealth of information and experience working with this population and she presents information in a thorough, compassionate and interesting manner. As a person with a spinal cord injury for over 37 years, I learned valuable information and treasure this book. A Can't Miss!

The work provides guidance on coping strategies for patients and their families faced with chronic spinal cord issues. The thrust of the volume seeks to get patients reconnected to life meaningfully. The book points out that this generation is more patient and tolerant than previous ones with regard to spinal injuries. The challenges to patients are multi-dimensional. For instance, psychological and emotional issues are involved. Each case requires its own mix of support systems. Coping strategies may vary. Patients often divorce due to the insurmountable difficulties. The author does a good job of defining spinal cord injuries and practical coping strategies for the management of the same. The book is priced reasonably.

As an Occupational Therapy Student, this textbook has a bunch of relevant information that can be shared with clients, as well as used by practitioners. The book provides information in layman's terms, and would be easily understood by someone who does not have a medical background.

Great book

[Download to continue reading...](#)

Spinal Cord Injury and the Family: A New Guide (Harvard University Press Family Health Guides)
(The Harvard University Press Family Health Guides) Spinal Cord Injury: A Guide for Living (A
Johns Hopkins Press Health Book) Back And Neck Sourcebook: Basic Consumer Health
Information About Spinal Pain, Spinal Cord Injuries, And Related Disorders, Such as Degenerative
Disk ... Osteoarthritis, S (Health Reference Series) Anatomy and Physiology Study Guide: Key
Review Questions and Answers with Explanations (Volume 3: Nerve Tissue, Spinal Nerves & Spinal
Cord, Cranial Nerves & Brain, Neural Integrative, Motor & Sensory Systems, Autonomic Nervous

System, Special Senses) Sensory Mechanisms of the Spinal Cord: Volume 1 Primary Afferent Neurons and the Spinal Dorsal Horn Mayo Clinic Guide to Living with a Spinal Cord Injury Mayo Clinic's Guide to Living With A Spinal Cord Injury Neurolaw: Brain and spinal cord injuries (Tort and personal injury/litigation library) How I Roll: Life, Love, and Work After a Spinal Cord Injury AOSpine Masters Series, Volume 7: Spinal Cord Injury and Regeneration Spinal Cord Injury Short Cut Instruction Toe Up to 10K: A Journey of Recovery from Spinal Cord Injury Perspectives on Long Term Rehabilitation: How I made a better recovery from spinal cord injury than anyone expected Living with Spinal Cord Injury Management of Spinal Cord Injury (Jones & Bartlett Series in Nursing) The Spinal Cord Injury Pain Book Life care planning for spinal cord injury: A resource manual for case managers Genesis: A Portrait of Spinal Cord Injury Spinal Cord Injury: Functional Rehabilitation The Harvard Concise Dictionary of Music and Musicians (Harvard University Press Reference Library/Belknap)

[Dmca](#)